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MSE Symposium hosted Alan Dershowitz who discussed his views on the Arab-Israeli conflict and responded to student questions.

## Students walk out; Dershowitz stands ground

By **KELSEY KO**  
and **ROLLIN HU**  
For *The News-Letter*

Alan Dershowitz, a retired Harvard Law professor, writer and political commentator, spoke at the Milton S. Eisenhower Symposium (MSE) on Tuesday in Shriver Hall. He came despite controversy and protest leading up to his arrival on campus. His presence was protested by Hopkins Feminists and Students for Justice in Palestine (SJP). Both groups staged independent walkouts during the discussion.

Dershowitz is often said to be one of the nation's best criminal defense lawyers and has defended numerous high-profile clients, such as O.J. Simpson and Mike Tyson. In addition, he is the author of *The Case for Israel* which was on the *New York Times* bestseller list.

Dershowitz spoke with Visiting Professor of Political Science Robert Freedman about the Arab-Israeli conflict. Dershowitz believes that there will

eventually be peace in the Middle East between Israel and the Palestinians. He said it is not just a national conflict turning into a religious conflict.

"The outlines for peace are so obvious. There has to be a two-state solution," Dershowitz said. "The Jewish nation of Israel has to recognize the right of Palestinians as a peaceful country of their own, and the Palestinians have to recognize the right of Israelis to form a nation-state of Jewish people. It's in the best interest of all the people in the Middle East for there to be a peaceful resolution. The barriers to peace are largely political and artificial, and the need for resolution is pragmatic and beneficial to both sides."

Dershowitz explained his views on the religious foundations of the State of Israel.

"I don't think Jews should make religious claims to Israel. I think the issue should be a political issue because you have to compromise," he said.

"Take for example the city of Hebron, the birthplace of Judaism — and yet a compromise will require that Hebron not remain part of Israel. Ultimately, it will be a very painful compromise, but it will have to be done."

About fifteen minutes into the talk, a group of students from Hopkins Feminists stood up and held signs that read, "You Are Rape Culture." The students were dressed in black and

SEE DERSHOWITZ, PAGE A5

## Office hours: students nervous, profs supportive

By **CLAIRE FOX**  
For *The News-Letter*

Professors say that office hours are underused. Students, meanwhile, contend that it is uncomfortable to approach professors. Office hours are always posted on syllabi and professors regularly remind students to visit, yet many students opt out of these hours with professors unless they are required to attend.

Students and faculty attribute different causes to the lack of office hour attendance at Hopkins. Some students do not feel like they need office hours. Junior Andy Ingersoll admitted he does not frequent office hours because he has never felt a need to go.

"If I don't understand the material or I feel like I need more teaching in the course then I would use them, but it's much easier not to go to office hours," he said. "It's hard to go and talk to random

grad students [as teaching assistants], or if you don't have a specific question, and you just generally don't understand, it's hard to say, 'Hi, I don't understand this whole chapter. Teach it to me.'"

Another reason students might choose not to attend office hours, according to freshman Eva Izquierdo, is lack of effort.

"I think students don't use office hours because of laziness," she said. "It's intimidating talking to someone one-on-one, and they might be embarrassed to ask for help."

Assistant Professor of Italian Studies and Director of Undergraduate Studies, Italian, Eugenio Refini commented that he finds it difficult to get undergraduate students to visit. He agrees with Izquierdo that a one-on-one conversation with a professor can be more nerve wracking than talking in class.

"It's a bit difficult to

SEE HOURS, PAGE A4

## Dance Marathon surpasses \$75k goal

By **MEGAN CALLANAN**  
For *The News-Letter*

The Ralph S. O'Connor Recreation Center auxiliary gymnasium was transformed into Candy Land to host Dance Marathon, an eight-hour event that began Saturday night and ended Sunday morning.

There are over 150 Dance Marathon (DM) chapters at schools throughout the country, all working to raise money for Children's Miracle Network Hospitals. The Hopkins chapter raises money for the Johns Hopkins Children's Center. Hopkins DM holds several fundraising events throughout the year, including a 5K Color Run and a Krispy Kreme doughnut sale, in addition to the Dance Marathon.

Hopkins DM was founded in fall 2010. Until this year, Dance Marathon was held in the spring.

Sophomore Daphna Varadi, DM external events co-director, explained why this year's event was moved to the fall.

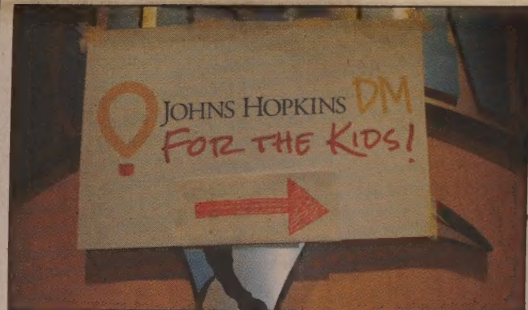
"There aren't any really big events in the fall and in the spring everyone's weekends are really busy with other things, so we figured we would be the one big event that happens in the fall," she said.

However, students were actually less aware of the event this year because they expected it to be in the spring. Varadi says DM stands by its decision.

"It will be a good move in the long run," she said.

The event, which ran from 6 p.m. to 2 a.m., featured food such as Potbelly sandwiches and In-somnia cookies as well as games, giveaways, a photo booth, a bounce house and performances by student groups. According

SEE DANCE, PAGE A6



COURTESY OF ELLIE HALLENBORG  
Dance Marathon raised money for the Johns Hopkins Children's Center.

## Student reports sexual assault in residence hall

By **CATHERINE PALMER**  
News & Features Editor

A female undergraduate reported being sexually assaulted and photographed without her consent by a male undergraduate student, who she knew, in a residence hall between 3 a.m. and 4 a.m. on Oct. 31, according to an email sent to the student body Tuesday by Campus Safety and Security.

The University is currently investigating the incident.

"University officials know the identities of both parties and are proceeding with actions in accordance with University policies," reads an excerpt from the email.

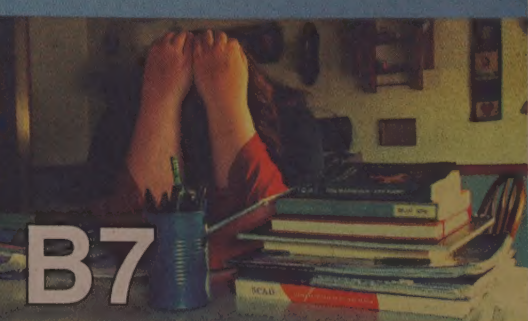
The female student reported the incident late Monday, according to Executive Director of Media Relations and Crisis Communications Dennis O'Shea.

According to Security, the specific residence hall in which the alleged assault occurred has not been released because the investigation is ongoing.



LEON SANTHAKUMAR/PHOTOGRAPHY EDITOR  
Protesters gathered inside Shriver Hall before Dershowitz spoke.

### INSIDE





## NEWS &amp; FEATURES

## HSE supports start-ups, campus entrepreneurs



Blue Jay Cleaners is one student-run business that Hopkins Student Enterprises has helped succeed.

By **PETER JI**  
For *The News-Letter*

Hopkins Student Enterprises (HSE), headquartered in Whitehead Hall, has supported student entrepreneurs with eight successful businesses since 2006.

Businesses that HSE has helped build include Hop and Shake, a smoothie kiosk in the Ralph S. O'Connor Recreation Center and the Blue Jay Cleaners, a student-run janitorial service. HSE also runs Blue Jay Bay, an online marketplace that allows Hopkins students to exchange used furniture.

"We strictly employ hundreds of undergraduate students. They're actually the highest-paying positions on campus as well, paying between \$9 and \$20 per hour. A manager makes between 10 and 30 percent of the business profits. We have businesses that exceed \$200,000 in revenue annually," junior and HSE CEO Noah Presler said. "There's no other place on campus where you can become an employee, become a manager and join the executive team. You learn a lot more than you do in the classroom about entrepreneurship."

Presler joined the or-

ganization when he was a freshman, creating Hop and Shake in collaboration with other students. In his time as CEO he has used his entrepreneurial skills to found three other businesses in the past year. Currently HSE manages eight student-run businesses.

"We offer student entrepreneurs the ability to develop their business ideas," Presler said. "We inject a one-time cash injection for that business, and once we start profiting from that investment, and once we pay back the costs, we go to create the next business. We sustain all the HSE businesses by continuing to do that."

HSE is entirely managed by students, and it operates without University funding.

Junior Mike Wang founded Hopkins Creative Design (HCD) when he was a freshman and is currently its chief creative officer and general manager. HCD designs many of the Hopkins logos that have a ubiquitous presence on campus, on T-shirts and the Internet for example. To him HSE was instrumental in his ability to apply his passion for creative design to creating a business.

"I was doing a bunch of random graphic design

work, and I caught the attention of the old [HSE] CEO. He reached out to me and told me that HSE would be interested in having me join the team, maybe by making a parent visual design company," Wang said. "I was interested, and they had me do a business plan, an interview, and once I was in I got all the resources I needed to start a graphic design and apparel business."

The HSE team is currently gearing up for the sale of holiday sweaters in early December. They are setting up an online pre-order system that will allow them to better anticipate demand after the 75 sweaters they had ordered last year sold out in less than 10 minutes. This year students participated in selecting the final design through a vote.

Presler, along with junior and Chief Technical Officer Max Yeo, implemented the pre-order page and payment system for HCD's holiday sweater sale. Yeo emphasized that website design is an important part of HSE's work.

"I've been with HSE for 11 months now... All these eight businesses had good business plans, and they were functioning very well but they were lacking on the technical side.

I revamped the HSE site and later created Blue Jay Bay's website... It's a business that relies heavily on the website," Yeo said.

HSE hopes to make the holiday sweater sale a new Hopkins tradition. The team improved the organization of the event, at which they plan to serve hot chocolate in addition to sweaters.

Wang spoke about how HSE is preparing for the sale.

"The first and last people who voted for the design got the sweaters for free. It's a way to get people excited. We're running pre-orders through Johns Hopkins Paywire," Wang said. "We're reaching out to parents and students, and we're getting a lot of pre-orders that way. Ultimately the plan is to after we get a good number of pre-orders, we're going to print a limited amount of sweaters that haven't been called for, and we're going to sell them during our sale... People who pre-ordered it are going to pick it up."

In addition to operating several businesses HSE also provides students an educational opportunity. One does not need a background in business, marketing or web development to approach HSE with an idea or proposal.

"All you have to do is to come up with an idea. We'll organize a team that's fitting for the pitch topic. We'll listen to the idea. We don't expect extensive lists or projections at that point. We'll help you evaluate the idea," Presler said. "After that we'll look at projections and either accept or deny you from there. If accepted we'll give you full funding to start your businesses, including insurance, location and [employing] students."

## AMA hosts annual marketing conference

By **KAREN SHENG**  
For *The News-Letter*

The Hopkins chapter of the American Marketing Association (AMA) hosted its third-annual Regional Marketing Conference in Charles Commons on Nov. 7. The event featured speakers from LinkedIn, Pandora, Ogilvy & Mather, Spoon University and McCormick & Co. along with a marketing case competition and opportunities for students to network with professionals.

The conference started with breakfast, a chance for students to network with both alumni and marketing professionals who were invited to the event as well as other Hopkins students.

"We wanted to bring students and professionals together so they could network pretty easily because it's sometimes hard to be always reaching out to professionals and not getting responses," Vice President of Programming for the Hopkins AMA chapter Chrissy Schnabel said. "We wanted to bring them face-to-face so they could talk and get to know each other. Hopefully people are making connections not only with professionals but also with each other."

A presentation by Vice President of Local Sales at Pandora Leon Van Gelder followed.

Next were the case presentations by 15 teams of three to four students. According to the president of the Hopkins AMA chapter, Krista Grubb, teams from around the East Coast participated, including those from the University of Pennsylvania, Shippensburg University and Hopkins.

The case that the teams presented was released a week before the competition, and this year's subject was Spoon University, a food media company aimed towards college students which has a Hopkins chapter.

"The case is like a two-page document that basically poses a problem that the company is facing and asks students to use marketing in an effort to fix the problem," Schnabel said. "Students are encouraged to do market research and use everything that they've done in their marketing classes to put it on a presentation and present it to several different judges. One of the judges is the CEO of Spoon University... If you go to the top three then you present again in front of everyone."

Spoon University CEO and co-founder Mackenzie Barth was also one of the speakers at the conference.

During the case presentations there was also a presentation by LinkedIn Advisory Partner and Principal of Interio Advisory Colleen McKenna on how to best use LinkedIn, a career-oriented social network, to build a personal brand and reach out effectively.

"She's the one who taught us how to market ourselves and better position ourselves on LinkedIn," Schnabel said.

Sophomore Chloe Soares was a member of one of the top three teams in the case competition.

"It's been really interesting. The LinkedIn speaker in particular was really, really great. She was really informative and really helpful," Soares said.

A presentation by Dory Giannos, a Hopkins alumna and account manager at marketing company Ogilvy & Mather, followed.

Giannos discussed how she built up her skill set by taking marketing and advertising classes at Hopkins, managing public relations for her sorority and participating in the varsity tennis team. She talked about her internship at the marketing agency Colangelo and how it contributed to her résumé, work experience and exposure to upper-level management.

The speech focused on the process of launching and promoting the start-up Chemours Company, a spinoff of the chemical

company DuPont, and the thinking that went into building the website, advertisements, logo and launch of the New York Stock Exchange.

Afterwards the finalists of the case

competition were announced with two of the teams being from Hopkins.

Lunch was also another chance for students to network with professionals and alumni.

Senior Jasmine Kingston, who was on one of the top three teams, has routinely been a finalist in previous competitions.

"For me personally this was a huge networking opportunity in addition to a way to practice skills for marketing. I've done the case studies in the past and every year I've gotten new feedback and new information about marketing so it's just huge," Kingston said. "In the past I've been offered some internship opportunities just from competing in the case competition, but networking is huge. Networking, as well as being able to have face value for all of these companies, is great."

Senior Joseph Weinstein-Avery connected with Kingston.

"I'm very interested in marketing as a career... Hopefully I'll be able to shake some hands and get some contact info," he said.

Grubb, the Hopkins AMA president, said that networking, as well as gaining exposure to and experience in marketing, was one of the major focuses of the conference.

"I actually got an internship off it last year so it was definitely great to meet people from other schools but also the speakers who do have direct insight into potential jobs and internships," she said.

## Analysis: no real stand-outs in GOP debate

By **SAM FOSSUM**  
For *The News-Letter*

The fourth GOP debate of the 2016 presidential race was held on Tuesday night in Milwaukee. The debate was hosted by Fox Business Network and *The Wall Street Journal*, and it was moderated by Gerard Baker, Neil Cavuto and Maria Bartiromo. The discussion focused on economic policy, current events and foreign policy. Eight of the 14 Republican candidates, averaging higher than 2.5 percent in four national polls, qualified for the primetime debate.

On the whole no one candidate gave a performance that either severely hindered or bolstered their campaign. Although Donald Trump was not as bombastic as usual, his talking points remained emotional and lacked substantive policy suggestions.

Ben Carson, former head of the neuroscience department at Johns Hopkins Hospital, stumbled through foreign policy but performed well in other areas of the debate. Carly Fiorina continued to prove herself an excellent debater.

Sophomore Justin Thomas spoke about the ambivalent performances of some candidates.

"Frankly I believe all the candidates performed

well. Therefore no one really helped or hurt their candidacy," he wrote in an email to *The News-Letter*. "There are still too many candidates onstage for the debates to have real dialogue on specifics in the allotted time."

In the first round of questions Carly Fiorina came out strong and clearly outlined her plans for economic and tax reform — specifically a five-point plan including zero-based budgeting, a reformed three-page tax code, a review of every regulation in the books, increased accountability for government officials and reduced government size.

"All this has to be done and the citizens of this nation must help a President Fiorina get it done. We must take our government back," Fiorina said.

Even though Fiorina does well on the debate stage, College Republicans President and senior Nitin Nainani commented on her inability to turn temporary debate success into long-run gains.

"I have not really cared for the Fiorina hype," Nainani said. "I insisted her surge [after the second debate] would be very temporary because of all the baggage she has to deal with [from] HP. She also doesn't have a functioning campaign staff, and her super PAC is running her entire

campaign for her. She temporarily spikes after the debates and then goes back down in the weeks after. Considering that the next debate isn't for another five weeks I don't think that this really helps her much in the long run."

Halfway through the debate Senator Rand Paul (Ky.) challenged Senator Marco Rubio's (Fla.) plan for a child tax-credit increase.

"Is it fiscally conservative to have a trillion dollar expenditure? We're not talking about giving people back their tax money. He is talking about giving people money they didn't pay. It's a welfare transfer payment," Paul said. "Add that to Rubio's trillion dollars in military spending and you get something that looks to me like it isn't very conservative."

Thomas felt that this was a solid example of Senator Paul's overall successful debate performance.

"Rand Paul really had memorable moments, especially questioning Marco Rubio on fiscal conservatism," he wrote.

With regard to the debate's influence on each of the candidate's campaigns, junior Justin Karp thought it did have much of an effect.

"My opinion is that this was the least impactful debate of the three so far on the candidates' chances. They all pretty

much stayed their courses to be honest," Karp wrote in an email to *The News-Letter*. "However, Jeb Bush looks to be finished and he didn't have the lively performance that was necessary for him to get back in it. Marco Rubio is now the clear and solid frontrunner in my opinion as he had another solid debate. Other than that, the rest were all pretty similar to how they've been in the past."

Nainani agreed with Karp although he pointed out the significance of this debate pertaining to the 'invisible primary,' a colloquialism for the action happening behind the scenes between candidates and donors, allowing candidates to financially bolster their campaigns.

"This was a debate where everyone can walk away from it and say that their guy did fairly well. For the most part I thought that the performances were fairly even and everyone got their two cents in," he said. "Most people kept to their stump speech, and most people were in their comfort zone for the majority of the debate so I don't think that anyone got thrown off or anything of that sort. I do think this debate was more about the 'invisible primary' with the donors. In that sense I think that Rubio continues to attract more support."



## NEWS &amp; FEATURES

# Hopkins AMA creates consulting branch

By **ABBY BIESMAN**  
News & Features Editor

Nest Strategies, a marketing consulting branch of the Hopkins American Marketing Association (AMA) chapter, launched in October.

Last year, members of the Hopkins AMA chapter attended the AMA International Collegiate Conference in New Orleans. They learned about consulting agencies within other AMA chapters and began to discuss forming a consulting group of their own after the conference.

Junior Sigal Landau, vice president of consulting for the Hopkins AMA chapter and chair of Nest Strategies, discussed some of the reasons for the group's creation on campus.

"We thought it was a really great opportunity for our chapter to be able to give our students more experience within the marketing field," Landau said.

Nest Strategies offers three main services one of which is conducting market research surveys, gathering results and performing analysis. Landau discussed the process of conducting surveys.

"We ask students what social media outlets they are using most often," Landau said. "Where do they get information about campus events? Do they read 'Today's Announcements'? Do they read specific articles in *The News-Letter*? Do they read the Hub? How often do they check Facebook?"

Nest Strategies will also help clients create and implement a marketing plan.

Additionally, Nest Strategies creates basic graphics. They can do logo and flyer design as well as branding.

Landau said Nest Strategies will also perform market research for free for student groups on campus.

"That's a service we definitely want to promote at the moment," she said. "We want to give our students the most market research opportunities available. We do generally plan on asking for a suggested donation amount."

There are currently about 30 students, freshmen through seniors, involved in Nest Strategies. Thus far they have worked with Not Yours Apparel, a student-founded company, and Stick it to Sarcoma, a women's lacrosse initiative.

Landau explained that Nest Strategies reached out to the women's lacrosse coach as well as the women's lacrosse players. They all changed their cover photos to a graphic supplied by their client, a Hopkins alumna whose father died from sarcoma while she was on the lacrosse team. A Facebook event was also created.

Landau discussed the other promotional strategies used.

"We did get it in 'Today's Announcements' emails once or twice," Landau said. "The Hub actually did cover it which is great because the Hub gets a really large readership."

Not Yours Apparel is a startup cofounded by Hopkins sophomore Hansel Romero and two of his peers at the State

University of New York at Oneonta. Romero, director of public relations for Not Yours Apparel, discussed his experience working with Nest Strategies.

"I actually met Sigal a couple months ago through mutual friends and she started talking about the work she'd been doing with AMA and how she was looking to expand the consulting branch of the organization," Romero said.

As the project began developing, she reached out to Romero, who responded saying that he believed Nest Strategies would be able to help his startup company. Nest Strategies recently released its market research for Not Yours Apparel. It did not advertise that the research was for Not Yours Apparel to avoid biased results. Nest Strategies also assisted Not Yours Apparel with consulting work, including helping Romero create angles for meetings and helping him strategize what points should be emphasized.

"They... launched a survey for students around campus to gather information on different types of media and usage around campus, clothing opinions around campus," Romero said.

Romero said he has had a positive experience working with Nest Strategies.

"They've been a really big help with actually developing not only our company's standpoint on that but also my knowledge on that," Romero said. "Sigal's an amazing leader. She's incredible. I have no complaints. It's been a great experience so far."

In addition to working with Hopkins groups, Nest Strategies is in touch with three external organizations: a start-up and two small businesses.

# TEDxJHU highlights students' struggles, successes



LEON SANTHAKUMAR/PHOTOGRAPHY EDITOR  
Senior Jackie Choi discussed her difficult transition from high school to Hopkins.

By **PETER JI**  
For *The News-Letter*

TEDxJHU hosted its first event of the school year "What They Didn't Tell You at Orientation" featuring student speakers and performances by student groups at the Matin Center on Tuesday. The mission of TEDxJHU, the independent chapter of the TED Conferences, is to spread ideas and experiences through personal stories, according to event organizer and senior Eric Chen.

"We don't really want people because of their important credentials, but rather because they have important stories to share. It doesn't matter where they come from, whether from outside or inside Hopkins," Chen said.

Senior Jackie Choi opened the evening by speaking about the social and academic struggles she has faced during her years at Hopkins, which contrasted greatly with her experiences in high school.

"At high school I was obsessed by being better than anyone else and not just in terms of grades... but also in the little things. I wanted to be better than every other person in every way," she said. "One day, a boy walked into the class and showed off the fact that he could solve a Rubik's Cube. Everyone was really impressed, but I really hated this kid, and I decided that I was going to learn how to solve

a Rubik's Cube and solve it faster than he did. And I did do that."

She then connected her competitive nature to the rigors of college life.

"At Hopkins, I was going to take on the world," she said. "I was going to get a 4.0, join every organization I possibly could. I was going to be the president of the school, maybe of the world, and do it while looking good... But what they didn't tell us during Orientation was that the success [Hopkins students] all achieved in high school wasn't necessarily going to continue in our college career. Despite talking about my success in high school, I am going to talk about failure."

Her thoughts on failure resonated clearly with many members of the audience. Students felt that in a culture that focuses on successes, the Hopkins environment makes them perceive failure as something entirely negative.

Choi then discussed the repercussions of an experience when she was insulted about her appearance by a fraternity brother.

"I obviously was hurt. It sucked. It was embarrassing because it was in front of a group of peers who were all laughing at me. I was avoiding friends... Instead of enjoying homecoming, enjoying Spring Fair, I went online," Choi said.

In addition to social failure, she also shared

her academic failures and how she persevered to pass a thermodynamics class on her second try.

Many members of the audience felt encouraged by Choi's words.

She gave a very unique perspective on people. People always like to talk about success, and it was very interesting to hear her talk about failure," graduate student Rahul Nair said.

Choi said she was motivated to speak because she wanted to break the stereotypical model of success. Often she felt pressured to question whether she belonged at Hopkins whenever her grades were not what she had hoped.

"For every 4.0 student there are people here who do well and pass. I don't want to necessarily denigrate people who do great academically — they should be praised for their success — but I wanted to give exposure to the fact that other people deserve support and recognition, too," she said.

The next speaker, senior Jordan Matelsky, founded ShapeU, an online tool for Hopkins students that allows them to set personal health goals, track their fitness progress and speak to a professional trainer. He describes himself as an entrepreneur who enjoys using his computer programming skills to solve problems.

"During freshman year I went to a party, as freshmen do. I met a group of upperclassmen, and we started talking about technology, medicine and the sad state of electronic health records. They're inconvenient for physicians to use and inconvenient for patients to

understand," he said.

Although Matelsky could not redesign electronic health systems in the United States, he devoted hours to a project with a group of friends who were interested in developing a more basic system for a developing country overseas. Then he decided to co-found his own company.

"The catalyst for our project was our passion and the rate-limiting step was our lack of expertise. None [of] the information we needed was learned in the classroom," he said. "If some of these projects don't turn out great, the worst case scenario is that you bit off more than you can chew, and you take smaller bites. The best case scenario is that you have a portfolio of small projects that you can bring to interviews for internships and jobs."

When he founded ShapeU in his junior year, Matelsky considered dropping out of college to develop his business, but he ultimately decided to keep his business based at Hopkins. However, he says that Hopkins can do a better job of helping undergraduates with ideas and projects to pursue them.

He encouraged students to overcome barriers despite the fact they may feel unprepared or scared. In his view, the demands of being an entrepreneur closely match his philosophy on life.

"Entrepreneurship is always open... There's no such thing as a tenure-track entrepreneur," he said. "Sometimes there's a barrier to entry. Follow your passion anyway, expand your own domain of expertise anyway, and it's going to be a great ride."

The evening of TED Talks, rounded off with performances by the All-Nighters and the Johns Hopkins Entertainers Club.

# Dwight Watkins talks *The Beast Side* at Barnes & Noble

By **SAM FOSSUM**  
For *The News-Letter*

Dwight "D." Watkins, a writer from Baltimore and a Hopkins alumnus, read and discussed his book, *The Beast Side: Living (And Dying) While Black in America*, at Barnes & Noble on Tuesday.

Watkins described his book as a series of personal narratives, each of which are followed by an analysis and an opportunity for the reader to build on the topics he raises. The event format was informal, with Watkins reading excerpts from his book, talking about his writing and engaging in discussion with the audience.

Watkins described his book as simple and easy to read, taking pride in the text's ability to engage people from all educational and cultural backgrounds.

"It's a very simple book. I didn't write this book for people who love scholarly work. I didn't write this book for people looking for dense academic solutions. This book does two things," Watkins said. "If you're a person from a place like East Baltimore or one of the more challenged parts of our country, then

it gives you a chance to, one, be heard, two, see yourself as some of these stories and, three, kick-start you toward some sort of path of thinking about solutions for some of these issues."

Watkins continued to describe how the book can give those from wealthy backgrounds a new perspective.

"And if you are a person who is not from a challenged place, then it gives you a chance to add a bit of humanity to some of the news stories that are flashing across your screen," Watkins said. "That was the purpose of this book."

Watkins proceeded to outline the purpose of his book and his goal for the evening's event: facilitating the discussion and dissemination of ideas.

"I am really into listening to other people's ideas and comparing my ideas to your ideas and coming up with different

ways that we can all work towards real solutions," Watkins said. "Hopefully we can have a conversation tonight and talk about some of these things and share some ideas."

After reading and discussing excerpts from *The Beast Side's* introduction and his chapter on food, Watkins spoke about hip hop music. He explained the importance of promoting and celebrating the arts and how it is crucial to delineate between fact and fiction. He strongly believes that we should celebrate artistic creativity while understanding that much of this material is fictional.

"When I was a kid, hip hop was about unity and togetherness, kind of like where it is moving back to now. But, in my teens there was this whole wave of drug rap, gangsta rap," Watkins said.

"The common theme was 'I'm not a rapper, I'm a hustler'. And we would ignore that the rappers

who were making this music were actually successful artists and were changing their communities through art. Now, why aren't we promoting that? We consume this music, this art, this culture but we don't really know where some of these come from."

Later in the evening, when prompted by a question from an audience member, Watkins elaborated on his views on rap.

"These people are artists, making a living off of their art, so you should really celebrate that more than all this fake stuff," he said.

At the end, Watkins spoke about his education growing up and his belief in the importance of reading. Talking about his favorite book, *The Narrative of The Life of Frederick Douglass, an American Slave*, Watkins explained how spoke to him, but that they didn't truly resonate with his generation.

"One of the reasons I think me and my friends weren't excelling in grade school is because we weren't reading," Watkins said. "*The Narrative of Frederick Douglass*, one of my favorite books, was one of the first books that I ever read in its entirety. I was hooked on Douglass, but he wasn't

speaking to my generation. He wasn't speaking to us. It connected on certain levels, but not on that level needed for me to become a reader. If we want our kids to make it to the next level and be competitive and make their dreams come true, then they have to read. We have to create a nation of thinkers, that's the key."

Sarah Lauture, a School Counseling Fellow and first year graduate student, explained how Watkins' chapter on the difficulty of schooling in East Baltimore resonated with her personally and with the work she and her classmates are doing.

"Right now, me and my nine fellow classmates are in-practicum, so we are at these schools and noticing exactly what he depicted in that particular chapter. I really appreciate his initiative to teach literacy to kids at a young age, because research proves that before a student drops out physically at the age of 16, they have already left mentally and emotionally in third grade," Lauture said. "All of these issues — he brings them out so well in this book. And it eventually goes off into the school to prison pipeline. That's really what it is. You're prepping them to go to jail."



## NEWS &amp; FEATURES

## Walker &amp; Dunlop CEO talks building up businesses

By **SHERRY SIMKOVIC**  
For *The News-Letter*

Willy Walker, chairman and chief executive officer of Walker & Dunlop, Inc., a commercial real estate finance firm, gave the 2015 Allan L. Berman Lecture in Hodson Hall on Tuesday Nov. 10. His talk, entitled "Lessons in Leadership: Transforming a Family Business into an Institutional Powerhouse," focused on Walker's experiences as businessman both in America and abroad.

Walker is a graduate of the Harvard Business School and joined his father in the family owned business in 2003 as vice president. He became president in 2005 and CEO in 2007.

He began his presentation by speaking about an experience he had while at Harvard. He said that James D. Robinson III, then CEO of American Express, came to speak in one of his classes.

"I expected Robinson's talk to be insightful," Walker said. "But that hour was a waste in a lot of ways because he spoke about issues far from that day and moment. So I want to talk in a practical manner about what got me into the position I have."

Walker discussed the "leadership paradigm" in which leaders, doers and thinkers come together. He said that different corporations are good at different things. According to Walker, McKinsey & Company, a management consulting company, is better geared for thinkers while the U.S. military is better suited for leaders and doers.

"Be honest with yourself about which one

of these is your real strength," Walker said.

Walker said that when he was applying for jobs upon graduating business school, he was offered a position at McKinsey. In the elevator, he met an employee who was discussing the various job opportunities for business school graduates with him. Walker said that the man asked him whether he got the Sunday *New York Times*. Walker responded that he did, and then the man asked him what sections he went to first. Walker said business, then sports, then styles but did not say that he does the crossword puzzle.

"If you don't do crossword puzzles, don't work here," the McKinsey employee said. "We solve problems. We don't fix them."

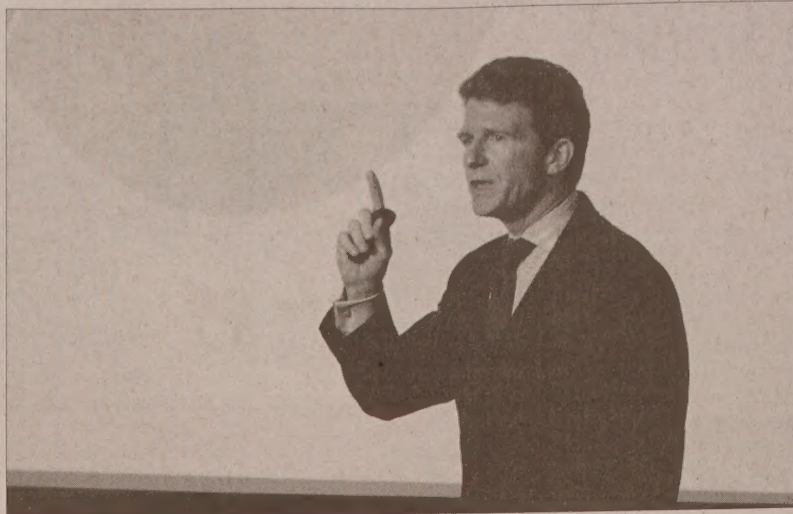
With that, Walker realized that he was better suited to be a doer rather than a thinker and chose to pursue a different path.

Walker spoke briefly about some of his experiences during business school. He said that he had wanted to spend his summers and his life after school on Wall Street. However he chose to go to Paraguay for the summer after graduating from Harvard, thinking that he could work on Wall Street later.

He said that he gained valuable experience working for a small foundation in Paraguay that summer because "managerial issues are managerial issues."

"I learned two valuable things that summer," Walker said. "Don't take things too seriously and always look at the root of the problem."

While in Paraguay,



LEON SANTHAKUMAR/PHOTOGRAPHY EDITOR

Willy Walker spoke to students in Hodson about his experiences running his family-owned businesses.

he bought an airline and wanted to outsource its call center. In Latin America, however, there were no call centers to outsource to so Walker decided to build a call center.

Walker pointed out the temporality of what is considered to be "good" industry.

"Call centers were good models at the time," Walker said. "Call centers have become human resource fulfillment companies; They're not very good business models in today's day and age."

Walker praised international students at the Carey Business School venturing to learn about another culture as he did.

Walker also spoke about his two mentors, his father and Jack Hennessy. Hennessy told him to "get as many scars as quickly as possible," which translated for Walker into fail and learn from your failures.

"I just came from Harvard, where you wanted to be the best," Walker said. "This was an abso-

lute paradigm shift for me."

Walker then spoke about the difficulties faced by family-run businesses, including Walker and Dunlop. He said that a generational transfer in family companies is hard but his father did a good job by forcing Walker to take initiative almost immediately after joining the company.

In the early 2000s, the company had 45 employees in Bethesda and was "the proverbial little fish in a big pond." Despite this, according to Walker, the company worked because it was built on a good business model that was implemented successfully.

Walker talked about the growth of his company through acquisition of other companies, mentioning that Walker and Dunlop is the 13th fastest growing company in the United States, focused mainly on acquiring other businesses and integrating them into the larger company. Today,

Walker & Dunlop has 500 employees and does business nationwide. It competes with much larger global companies such as Goldman Sachs.

Walker believes the size of Walker and Dunlop is a marketing tool. He talked about his direct involvement with every aspect of the company. For instance, all employees get a handwritten card from him on their birthdays.

Walker presented a list of awards the company has won over the past year, including the title of "best place to work," of which the company is extremely proud.

He concluded his talk by providing some advice to future businesspeople. He suggested finding a mentor, following up with people and persevering in the face of failure.

"You will make mistakes," Walker said. "Have the conviction to hold steady to what you know is true. Take advantage of what you have here and this school."

## SGA talks mental health, teamwork

By **ABBY SHEGELMAN**  
For *The News-Letter*

The Student Government Association (SGA) gathered in Charles Commons on Tuesday for an untraditional meeting that aimed to increase bonding.

Tiffany Sanchez, associate dean of student life for student engagement, said this meeting was essential for building a stronger SGA because the organization is constantly under pressure to represent students and comply with University policy. Junior Class Senator Andrew Phipps agreed with Sanchez.

"It was an exercise performed to reinforce the relationships amongst the different class councils involved in the Student Government," Phipps wrote in an email to *The News-Letter*. "Creating strong relationships between all the students involved in the SGA will undoubtedly help us work more efficiently, and effectively as a unit."

The SGA broke up into small groups, and the members discussed their personal goals for the SGA and goals for the SGA as a whole. Executive Vice President Charlie Green was the spokesperson for her group. She stated that their group had focused on the importance of mental health on campus.

"We want to make it as big a deal as the issue of sexual assault. It should be addressed just as strongly," Green said.

She stated that one of her goals is to help the incoming freshman class and other members of the SGA construct new bills, since it can be an intimidating process. They discussed the growing dissatisfaction with the stressful nature of academics at Hopkins. One group stated that a goal of some upperclassmen senators is to help the freshman class mold themselves into a class that appreciates Hopkins and its opportunities.

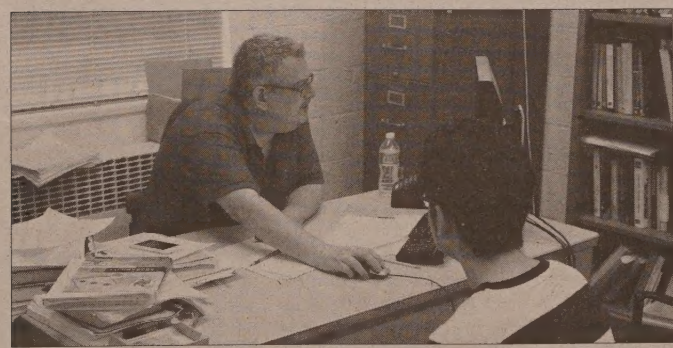
Phipps also shed light on whether the meeting could have been a response to former Executive President Jason Plush stepping down.

"After Plush stepped down, no stressful environment ensued. Rather, we supported his decision wholeheartedly, as it was the necessary measure for him to take. He is surely missed; his ideas and presence were invaluable," Phipps wrote. "This exercise could have been a reminder to the SGA that we are a team."

The group of senators and class councils sat in a circle as Sanchez distributed index cards to each member, asking each person to write their first impressions and things they appreciate about one another. This team-building exercise was meant to bring the SGA closer together as the student body approaches finals and holiday events.

During the exchange of first impressions and future goals, each member was given a random name to write about. Senior Class Senator Nadine Abdullat showed her appreciation for Freshman Class Senator Jennifer Baron by stating that she was excited to work on bridging the gap between the freshman and senior class.

## Professors want students to use office hours more often



LEON SANTHAKUMAR/PHOTOGRAPHY EDITOR

Professors say students should use office hours to get the most out of their experience.

**HOURS, FROM A1**  
get undergrads to come to office hours, especially freshmen, because of course, they have to get into the rhythm of going to office hours," Refini said.

Sophomore Sienna Schmid corroborates Refini's thoughts on the shyness and inexperience when it comes to office hours of undergrads, particularly freshman. She reflected on her freshman year and the difficulties she faced when going to professors and TAs for help.

"Last year I was intimidated to go as a freshman, because it was such a new thing," Schmid said. "This year I've definitely gone a lot more, and I feel comfortable going to professors' office hours because I feel like they know what they're talking about."

As freshman feel intimidated, some believe that Hopkins students are sometimes afraid of asking for help, so they

avoid it. Associate Professor of Philosophy and Placement Coordinator Steven Gross urged students to know that, from a professor's point of view, students asking questions is an inherently positive thing, and it shows that students want to engage with the material.

"All Hopkins students are very bright, so if a student has a question, it's probably safe to assume another student has that question," Gross said. "I think many students have a fear of thinking they're looking stupid, and they have to grow out of that. You won't learn unless you ask questions."

He continued by adding that coming to talk to a professor during office hours does not have to be a major ordeal. Rather, at their core, office hours are there to be used as a tool for clarification on class material.

"Some students might not know what office

hours are really for and they feel like they have to have some point or idea that will win them the Nobel Prize or else they can't come," Gross said. "But really, one of the reasons [for office hours] is to say 'I didn't get this.'"

Both Refini and Gross articulated that students cannot be forced to attend office hours, but they should be proactive in taking advantage of their professors' open hours on their own.

"It's important for students to know that they're adults," Gross said. "Every student knows every professor's office hours — it's on the syllabus — and it's up to them to use them."

Those who actively visit office hours find that having conversations with professors or teaching assistants is advantageous, both in the short term and the long run.

Refini noted the lack of usage of office hours by students, and he emphasized that they should definitely be used more habitually.

"I think [office hours] would be extremely useful if they were used a bit

more," Refini said. "They are useful because they let you get in touch with faculty and get to know the system, as well as get help with assignments or readings. We are here to help."

Sophomore Sharmila Tamby makes use of office hours for her computer science classes, where the TAs will go through students' codes to help them figure out problems. From her experience, she thinks that many students simply do not realize the importance of office hours.

"I think people don't know how helpful office hours will really be, so they just don't get the point of them," Tamby said.

Gross has found that those who do utilize office hours find them both informative and gratifying.

"In some of my upper level courses, it's a requirement for the class that students come to office hours for their papers, and those students usually tell me that sitting around and chatting with their professor about their paper is actually one of the most enjoyable, intellectual parts of the class," he said.

Additionally, office hours allow students to get

to know professors on a more personal level, which can help students when it comes to aspects aside from learning, namely letters of recommendation, according to Gross.

"No matter what you do — whether it's applying to medical school or a job — you're going to need letters of recommendation," he said. "You could be one of the 90 percent of students whose letters are something with content like, 'This person was apparently in my class according to my records and apparently

did very well.' Or, you could have a letter that is much more personalized. Which one do you think would serve you better?"

Gross added a final piece of advice for students.

"I've told students

not to make the mistake I made in college, which was only using office hours in my senior year when a professor required us to go, only to realize that they were actually quite useful," he said. "You're paying all this money to go to here, and you should get the most out of it, and you won't get the most out of it unless you go to office hours."

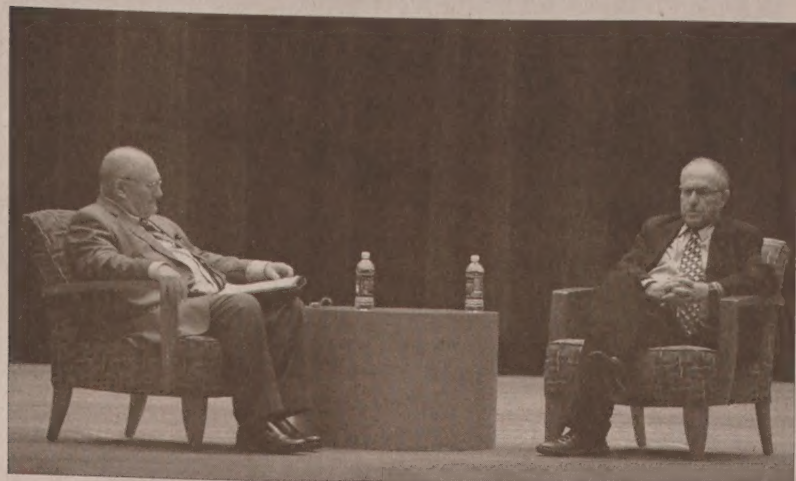
**"I think people don't know how helpful office hours will really be."**

**— STEVEN GROSS, ASSOCIATE PROFESSOR**



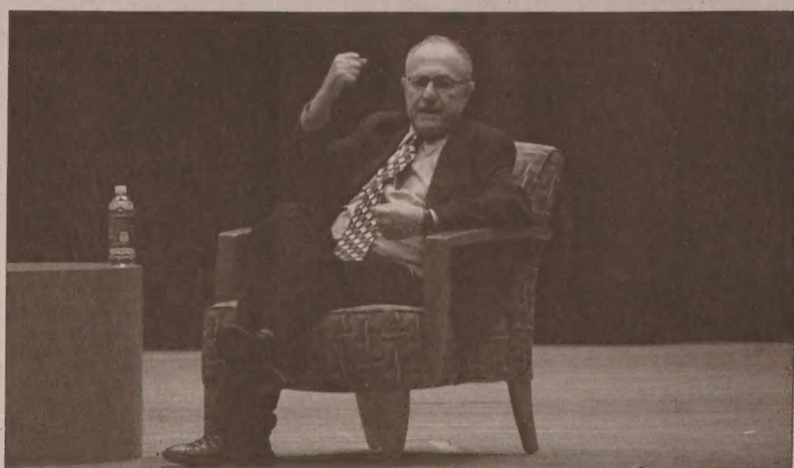
## NEWS &amp; FEATURES

## Hopkins Feminists, SJP walk out of controversial Dershowitz event



LEON SANTHAKUMAR/PHOTOGRAPHY EDITOR

Professor Robert Freedman asked Dershowitz questions during the first part of the MSE event on Tuesday.



LEON SANTHAKUMAR/PHOTOGRAPHY EDITOR

Students reacted passionately to Dershowitz's presence on campus, and he responded with vigor.

**DERSHOWITZ, FROM A1** stuck duct tape over their mouths to show solidarity with victims of rape. Then, as a sign of protest, these students walked out of the event.

Separately, SJP held up signs which read "Stop Defending Occupation" and "Stop Supporting Apartheid," referencing Israel's alleged mistreatment of Palestinians. They walked out of the event while one student carried the Palestinian flag behind him.

In response to this, Dershowitz had a prepared rebuttal with several notes quoting the petition against him.

"I challenge you to stay and ask me hard questions, challenge me intellectually. In the petition that you put forward you said that Dershowitz has had an accusation of statutory rape brought against him by a former student. I will contribute \$10,000 to your

favorite charity if you can justify that with any citation," Dershowitz said. "You just made it up, and you're lucky that I believe in the first amendment. Because if I didn't, I could sue you for everything you're worth for making that false allegation. So I challenge you all. Come up with a citation, apologize or else explain to your deans why you're prepared to engage in false citations, false allegations. You won't stay and debate me, so by your own standards you're trying to silence my views."

In an email to *The News-Letter*, the MSE co-chairs shared their response to the Hopkins Feminists and SJP walkouts.

"Throughout the year, we have upheld that freedom of speech and expression is at the very core of the Symposium's values. And so, we welcome any and all voices that want to be heard,"

they wrote. "The fact is, last night, the stage was Dershowitz's and he was absolutely brilliant. If only the protesters would have stayed, they could have shared a bit of that stage. For the rest of the student body that was fortunate enough to witness the dialogue and energy in Shriver, last night was absolutely spectacular."

During the question and answer portion of the event, several students came forward to ask Dershowitz questions involving the Arab-Israeli conflict, but also on the nature of allegations that have been made against him. The MSE co-chairs praised the open discussion that the event facilitated.

"It was actually the first time students were able to truly engage with the speaker and ask an unlimited number of follow up questions... [W]e felt that dialogue was

such core component of this event that we wanted to open up the floor completely," they wrote.

A *News-Letter* reporter asked a question about the Jeffrey Epstein case, on which Dershowitz served as a defense attorney in 2006. Epstein was a friend of Dershowitz and was investigated on repeated accusations that he had solicited sex from minors. The reporter asked if whether during his defense he intended to portray the one of the girls as "asking for it." Dershowitz confirmed that as part of his defense he hired private investigators to follow one of Epstein's accusers and try to determine if she was after Epstein's money. He also confirmed that he had tried to paint the girl as manipulative since she was a drama student.

"I'm a defense attorney. I have an obligation under the Constitution to provide a full and zealous defense to my clients," Dershowitz said in response. "If I have failed to do all the things you had just listed, I could be disbarred. I could be found incompetent as counsel."

Dershowitz further explained his views on his own profession and the role of defense attorneys in society. He said he is proud of the work he has done for his clients.

"Would any defense lawyer not look on the websites, look on social networks, find out what the woman who was accusing my client was doing? We were able to disprove many of the charges, just like how I was able to disprove the charges against me. Falsely charging somebody with rape is a heinous thing to do," Dershowitz said. "First of all, it creates horrors for the person who has been falsely accused. Second, it so hurts real rape victims because it makes it clear that some women lie for money. Our country, unlike others, requires that everybody be defended, and I'm going to continue to do that whether my clients are guilty or innocent. Let me tell you, most of my clients have been guilty. They deserve a zealous defense just as anybody else. I'm very proud of what I did for Jeffrey Epstein. If people don't like the fact that I got a 'good deal,' that's the job I do."

Sophomore Isaac Lunt asked about Dershowitz's history of cases that imply victim blaming of women and how people's perceptions of Dershowitz as misogynistic could affect him.

"I don't think I've ever blamed a victim of rape. I'm very sympathetic. I wrote a piece for *The Washington Post* last week in which I wrote affirmative consent should be required for every act of sex, even if

that makes sex less romantic and even if that would mean that many consensual sexual encounters wouldn't occur," he said. "I believe very strongly in the rights of victims... but I don't believe that women are different than men. Men lie and women lie. I'm willing to attack people who make up stories. People who deliberately and intentionally make false accusations of rape should be prosecuted and sent to prison."

After the event, Lunt reacted to Dershowitz's answer to his question.

"I read a few of the things that Professor Dershowitz had written and had said previously, and it seemed to me that simply by reading those without real prior knowledge of his work... that there almost seemed like there was a misogynistic trend... There's a lot of supplementary writings that say the exact same thing... I just wanted to ask him if he was at all worried about the effect that he is having on the misogynistic members of our society because I believe that many people do draw up[on] Dershowitz's work when they are talking about victim blaming," Lunt said. "The point is that there are people who use Dershowitz's work to justify misogynistic actions and tendencies in our society... I don't know if I was as clear as I could have been, but in the end I agreed with what he said."

Dershowitz later expressed his opinion about two unnamed philosophy professors at Hopkins and the part he believes they have played in the protests.

"Anti-Israel faculty are perfectly prepared to make the most irrational statements. Where were those two philosophy professors who provoked these demonstrations? Why won't they come challenge me? Why didn't they sign the petition? Because they know if they signed the petition, I would've really sued them for defamation and collected all their salary for the rest of their lives," said Dershowitz. "The departments have no rights to sponsor these ideologically divisive events."

After the event, sophomore Jessa Wais, a member of Hopkins Feminists, explained the group's reasons for protesting.

"We previously expressed grievances against hosting Dershowitz in the form of a petition and news article," Wais said. "We are opposed to endorsing Dershowitz in the form of inviting him to our campus because of his history of victim-blaming, harassment of survivors of sexual assault and propagation of rape culture. We believe that hosting an individual that has disrespected survivors of sexual assault is harmful to the wellbeing of

survivors on our campus."

In addition, Wais addressed why the Hopkins Feminists did not engage in a discussion with Dershowitz.

"Dershowitz and other individuals have questioned why we as a group did not choose to stay and challenge him directly after he finished speaking. I am of the opinion that we made this decision because we do not believe that individuals like this man should have a voice in the public to begin with," Wais said. "Engaging with people who actively propagate rape culture is a way of communicating that respecting survivors is a moral grey area that somehow can be debated. In reality, the act of disrespecting survivors and promoting a culture of victim-blaming is not morally ambiguous. Rape culture is terrible, harmful and should never be endorsed. When people engage in victim-blaming and disrespect of survivors they are propagating rape culture. This was the message of our protest and why we will not be 'intellectually engaging' with Dershowitz tonight or in the future."

SJP has not yet responded to *The News-Letter's* request for comment.

An open letter written by SJP to MSE claimed that Dershowitz had anti-Arab prejudices which did not make him a valid candidate to speak at the MSE Symposium. The letter clarifies by saying that SJP did not wish to prevent Dershowitz from speaking on campus, but they did not wish to give Dershowitz the honor and distinction of being a speaker for the MSE Symposium.

Increased campus security was present at the event. Campus Safety and Security Lieutenant Stephen Moffett explained how the protest occurred without any security issues.

"My impression was everything went very smoothly. It was orderly. The demonstrators were able to make their point, have their voice heard, even though they were a silent voice, but they got to demonstrate as they saw fit without disrupting the entire evening's events," Moffett said. "They had their say and were able to carry on with that. And once they departed, then the lecture resumed and everything went back to normal."

Freshman Gloria Li also explained that Dershowitz's controversiality makes him an interesting and provocative speaker.

"He's very controversial but thought-provoking," Li said. "I don't agree with many of his points but I enjoyed his arguments because they were very intellectual. All his points were well-argued."

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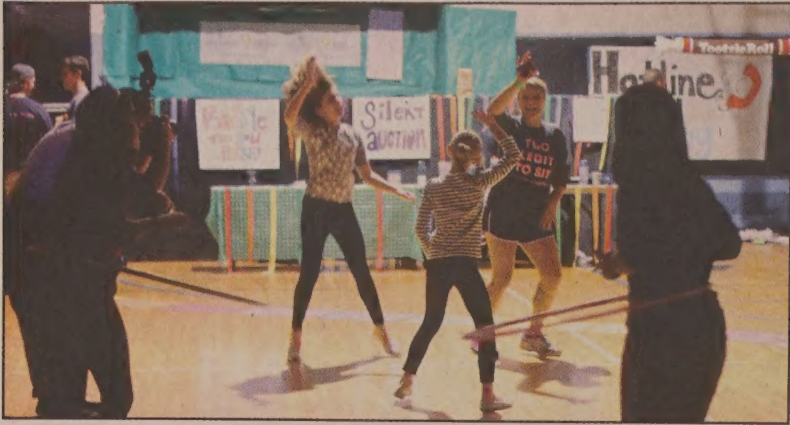
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## NEWS &amp; FEATURES

## DM raises money "For The Kids"



COURTESY OF HEIDI WOLL

The evening's activities included dancing, jumping in a bounce house and listening to Miracle Minutes.

**DANCE, FROM A1**  
to the DM website, this year's event featured the AllNighters, the Vocal Chords, the Mental Notes, the Entertainers Club and Irish Dance. Sororities also participated in the event, giving out food and interacting with the dancers. Different student DJs played sets throughout the night to energize the dancers, who were given DM T-shirts with the slogan "too legit to sit" on them.

Each DM has a different theme. This year's theme was Candy Land with the slogan "Let's Make Life Sweeter For the Kids." The DM team's Candy Land set-up included large paper squares, creating a game board effect on the floor, plastic-wrapped balloons around the room to look like candy and colorful streamers leading into the event.

Many participants were most excited about meeting the Miracle Kids and their families who attended the event. The Hopkins DM 2015 Miracle Kids are Zannah, Lucy, Eli and Julia. The participation of the Miracle Kids in the event is good, according to Varadi, because they allow everyone to see who the fundraising will benefit.

At the beginning of each hour a Miracle Minute occurs.

"[A Miracle Kid's] parents go up and tell their kid's story and how they were helped by the hospital and how the Johns Hopkins Children's Center saved their life," sophomore and DM Sponsorship Director Rebekah Kirkwood said.

Hearing the stories of the Miracle Kids and participating in the Morale Dance that is led by the DM Morale Leaders and the Executive Board

following each Miracle Minute keeps DM participants' spirits high throughout the night. Sophomore Su Ataman, who has been a Morale Leader for the past two years, found the Miracle Kids inspirational.

"We dance for the children who cannot. Knowing this and reminding myself of this throughout the night kept me on my feet," she said.

Junior Olivia Sullivan also shared her experience as a DM Morale Leader. This past year was her second year.

"My favorite parts of DM are the beginning and the very end. At the beginning we get to meet the miracle kids," Sullivan wrote in an email to *The News-Letter*. "The Miracle Minutes, where the kids and parents share their stories, make the whole event so meaningful and help to remind us all why we are there dancing."

This year DM instituted a \$100 fundraising minimum. The \$15 registration fee as well as student contributions to other events such as Color Run counted toward reaching the fundraising minimum.

Varadi commented on the minimum which could be considered high by some students.

"The people who were there are the people who really cared," she said.

The changes to DM this year, including the

switch to the fall semester and the fundraising minimum, led to success this year. The group surpassed its 2015 fundraising goal of \$75,000, raising \$76,142.06. Ataman explained how the money is spent.

"[It] goes directly to pay the salary of a [weekend] Child Life Specialist for three years," she said.

Varadi explained the role of a Child Life Specialist.

"[He or she is] someone who's there to tell the kids what treatment they're getting and explain it to them in a kid-friendly way," she said.

A Child Life Specialist from the Johns Hopkins Children's Center came to this year's DM to tell participants more about his job and its value.

Sophomore Alec Stepanian, raffle and silent auction director for DM, commented on this year's event.

"I think this was a big transition year for everyone, especially since we moved the event to the fall," Stepanian wrote in an email to *The News-Letter*. "Since we did hit our goal while improving average fundraising per person, it looks like the date change worked for the best!"

Ataman explained the importance of DM.

"Even a small contribution from a large enough group of people can actually make a difference," she said.

## Errata: Nov. 5 Edition

In the Oct. 29, 2015 edition of *The News-Letter*, the article "Love Actually: Real Relationships at Hopkins" previously stated that Allie Bull's girlfriend plays on the Towson field hockey team. She actually plays on the Towson ice hockey team.

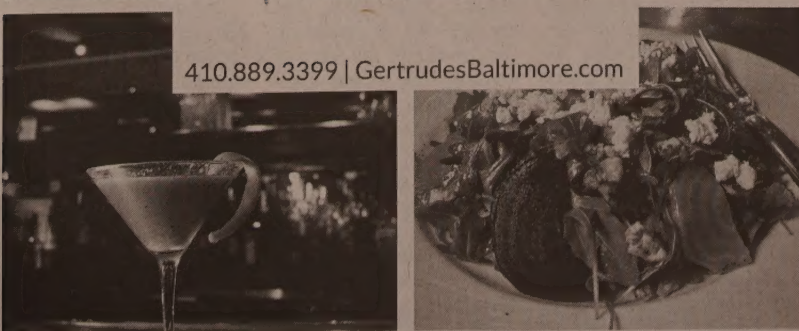
The News-Letter regrets this error.



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# My parents and our family courtship story



Lily Kairis  
Un-Poetic Musings

In my favorite class with my favorite professor (all my friends are groaning as they read this — Yes, Lil, we know already, you're obsessed with Meredith Ward), Love & Film, we spend our weekly meetings discussing the pertinent questions of love: Why we do it, what we desire in someone, what that says about us...

It's probably the first class I've ever taken in which I am praised for talking about my feelings. Some people might cringe at this, but I can't get enough of it.

And that's because, to be honest, these discussions have been some of the most thought-provoking and eye-opening dialogues of my life. They've made me think about myself, my values, my family and what I want out of life and the people I share it with. It's a class but it's kind of also my life coach.

In the beginning of the year, in the first of many introspective class sessions, we talked about Love & the Family. We read an article about "The Family Courtship Story," a.k.a., that age-old phenomenon where your parents and grandparents and aunts and uncles just can't get enough of talking about their glory days and, in particular, how they fell in love way back when.

My parents' courtship story isn't something I think about much, but after this week of discussion, I realized it's always been an ever-important part of my life saga, even my identity.

I remember the first time I heard their story. It was at a dinner party (one of the rare times my mom dabbled in the "classy hosting domestic goddess" role), my parents had invited three other couples, and my

brother and sister and I sat around the table nibbling at the greatest mixed berry crumb pie my dad had ever made while distractedly listening in on "grown-up" conversations. Suddenly, the topic turned to dating, and my friend's mom shouted, "Jackie, tell the story of you and John again! It's my favorite!"

My eyes darted up. Suddenly, the pie was a lot less interesting. "What story?"

"We've never told you how we met?" said my mom. "We must've told you before!"

"Noooo!" My older brother and older sister chimed in. "No, you haven't! Tell it!"

And then, after the room grew quiet with anticipation, my mom told us for the first time our very own "family courtship story."

It feels strange to repeat it here, as if without the pomp and circumstance and dramatic vocal inflections I can't do justice to this romance. I guess that this serves as further proof of how highly we regard these stories as the roots and foundations of our families. Without melodramatics, my parents's meeting goes a little something like this:

My dad was just out of law school, working at a law firm in Cincinnati. My mom's job as a chemist for Kraft Foods had just promoted her and moved her to their headquarters in Cincinnati. At my dad's law firm, his friends and coworkers poked fun at him for his sad excuse for a dating life: He was a workaholic and claimed "no time" to fully invest in putting himself out there and meeting new people. But his friends were obstinate.

They introduced him to their chosen method for finding females, putting an ad in the local paper. They'd write things like, "Tall, scruffy, devastatingly handsome soon-to-be-billionaire looking for a spunky girl he can have fun with," or similarly vague requests for sex.

After much protestation, my dad lamented



COURTESY OF LILY KAIRIS  
This is my family, the result of my most influential courtship story.

and wrote an ad, but on his terms. He's not much of a talk-himself-up kind of guy, so his went along the lines of "Workaholic with a love for goofy jokes, friendly competition, spontaneous traveling and cooking looking for an adventurous, witty woman he could take out to dance and hike with. And maybe sip some piña coladas and get caught in the rain." (Yes, he steals his best lines from songs.)

You know what happens next, my mom replied.

My dad claims he got 10 or more replies ranging from the mundane to the desperate, but my mom's, because she was snarky and genuine and interesting and because she quoted song lyrics (hers were from The Who) right back at him, stood out.

They started writing back and forth. At first, for three months, they wrote little cryptic, fun back-and-forths, and my mom — who says in retrospect she was wary of meeting someone she'd found through the newspaper — tried to leave out personal details.

About three months in, she slipped up. She accidentally mentioned the name of her favorite restaurant, a little Spanish tapas place in downtown Cincinnati. My dad immediately recognized

the restaurant and told my mom: Um, this might sound crazy, but I think we're in the same city.

Since my mom still felt slightly apprehensive about meeting in person, she gave my dad a plan: They stay as pen pals for three more months just to talk, get to know each other and then, after they'd known each other for half a year, they would meet at the Spanish tapas place for their first date.

They followed the plan. They talked, they discussed life and literature and music and doubts and goofy jokes and philosophy, they got close. And then, six months in, once they already knew each other's language backward and forward, they started dating. The rest is history.

My parents' love story informs so much of how I look at the world. I remember it, and all the old feelings rush back: pride in their romance, nostalgia for a time I hadn't known, hope for a time in which my own life will align in the same way.

I think Meredith Ward, my quasi-life coach and idol, was definitely getting at something when she said that courtship stories "teach us what we want from love." This one (at least to some extent) taught me.

# Calc I brings a new kind of math problem



Meagan Peoples  
New in Town

Entered Hopkins believing that I was at least somewhat intelligent. It did not take long for my Calculus I class to prove that this wasn't the case. I'm not sure how many of you guys are talking calculus (probably a lot if I understand med school requirements correctly), but I feel like most people can sympathize with my plight.

There's something about math that makes it especially good at making people feel incompetent. Perhaps it's that once explained, all the problems seem so logical, or maybe it's that there's always that one person whose math comprehension is so beyond the normal realm that your difficulties simply baffle them (occasionally this person is the professor).

Now, the lecture itself isn't that bad. You go, get introduced to a few new concepts, usually taken through an easy-to-follow example, and by the end you're convinced you understand, that you finally get it. Of course, this was the plan all along. It seems to me that the lectures are designed to lure you into a false sense of security, because as soon as I look at my homework my knees give out as I am struck by the sheer complexity of the problems.

"Where have all the numbers gone?" I cry out to the heavens, lamenting my high school years where the alphabet's assault on my math class had been kept at bay. Sometimes I like to look back on those days when I thought I was good at math. Ignorance was bliss. Now tack-

ling my math homework is an ordeal involving a flurry of coffee and ink as I fill my room with scratch paper until my roommate complains about all the paper cuts she's received from just walking across our floor (imagine how I felt after falling asleep there one night...).

You know you've finally arrived at college when your standards for good grades are lowered significantly. Never in my life have I so passionately pursued a C in a class or been more ecstatic to get a B on a test.

However, there is one thing from high school that hasn't really changed: the feeling of accomplishment you get from finally solving an impossible math problem. It's what I have always liked most about math; there's nothing quite like that moment of euphoria. In fact, there are very few things which make me feel smarter than finally coming to the end of my calculus homework. After all the toil, after the long hard slog, after quite a few curse words (sorry, mom), nothing beats knowing that you solved, nay, overcame, everything that was thrown at you.

Perhaps the point I am trying to get at is that Calc I isn't really as bad as I make it out to be (but I need something to complain about or else how am I going to write these columns). While, at times, there is nothing more I want to do than simply escape to the mountains and renounce all forms of calculation more complicated than addition, ultimately I would be losing out on an important part of my life.

And for any of you out there who love math, and all things number-related, I apologize for any possible offense taken. If it makes you feel any better, it's recently occurred to me that next semester I am going to have to take Calc II. I try not to think about it too much.

## What's the Word on Campus? This Week on Yik Yak

When your reward for finishing a midterm is getting to study for another midterm 62

6 HOURS 1 REPLY SHARE

When u go to a top 10 school but your work ethic belongs at a state school 69

3 HOURS 3 REPLIES SHARE

Check back each week to see what the anonymous students of Hopkins have to say.

Do u ever finish an episode on Netflix and think "man that would've been a bad cliffhanger to wait a week for!" as you click the next episode 177

6 HOURS 0 REPLIES SHARE

Most cynics are crushed romantics: they've been hurt, they're sensitive, and their cynicism is a shell that's protecting this tiny, dear part of them that's still alive. 73

7 HOURS 1 REPLY SHARE



HIP HOP

BUT ALSO observations, lists, thoughts, feelings, missed connections, haikus, confessions, furtive glances and of course, sex.

# Libertarian thoughts on LGBTQ non-discrimination law in Houston



Dana Ettinger  
Lady Libertarian

Last week, the LGBTQ rights movement faced its first major setback since the marriage equality ruling in June. Voters in Houston voted down a city ordinance that would include gender identity and sexual orientation as protected classes in nondiscrimination laws. The ordinance, referred to as Proposition 1, was widely supported by the

city council. Its proponents were confident that the progressive citizens of Houston would easily continue the trend of inclusivity, tolerance and nondiscrimination.

However, they didn't expect a highly efficient and very well-marketed opposition campaign. Running on the slogan "No men in women's bathrooms," social conservatives created an impressive fear-based movement that proved more potent than the promise of equality. There are several moving parts within this story, but this column is going to address the libertarian interaction with the issue.

Libertarians have been staunch allies of the LGBTQ community for decades. The first openly

gay man to run for president was 1972 Libertarian Party nominee John Hospers. Several LGBTQ rights organizations are openly affiliated with the National Libertarian Party. Libertarian principles of individual self-determination apply even for those who might have various religious objections for the LGBTQ community — while they might personally object, they'd never seek to use the government as a vehicle for imposing their personal beliefs on someone else, thus infringing on their self-ownership.

Self-ownership is one of the cornerstones of libertarian support for LGBTQ rights. It's the principle that every person owns his or her body and that no other individual or group can violate the rights that come with that ownership. It is from here that libertarians draw their largely liberal social views, that no one else should be allowed to dictate what you can or cannot do to your own body without violating this principle of autonomy. Individual liberty is the cause *célèbre* of the Libertarian Party. The belief that the freedom of the individual to determine his or her own path is paramount. From this perspective, libertarians hold a "live and let live" attitude when it comes to how people live their

lives. They don't care who you love or how you express that love as long as you don't infringe on anyone else's right to do the same.

The same goes for expressing gender identity. Unlike social conservatives who believe the government should act as a guardian of predetermined "morality," libertarians trust people to determine their own values. It is only when the natural rights of others to life and liberty have been infringed upon that libertarians take issue.

The protection of those laws is the only legitimate function of government. There are many nuances of this idea and they have countless iterations and justifications, but from a very basic standpoint, the purpose of government is to protect each citizen's natural rights. LGBTQ Americans are citizens to the exact same extent as heterosexual, cisgender Americans. Hence the protection of their rights does indeed fall under the purview of the government.

This brings us back to the Houston bathroom issue: Should transgender people be allowed to use the bathrooms that accord with their gender identity rather than their given sex? Despite the support for transgender rights and disdain for dis-

crimination against them, libertarians do not have an easy answer. Part of the problem lies in being conscious of singling anyone out.

One solution proposed by school districts facing this issue is to create separate spaces for transgender students to use. But creating separate bathrooms or changing rooms for transgender students in schools or adults in the workplace creates a separate class rather than treating everyone equally. It also raises questions about the school's ability to force the student to use the separate facilities. It doesn't properly balance the comfort and security

of the transgender student and his or her classmates, especially with regard to locker rooms. These are thorny issues, and no one has a clear answer.

Ultimately, Proposition 1 was a non-discrimination law. Libertarians disapprove of discrimination and bigotry in all forms and would have fully supported Prop 1 for this reason. The plight of the transgender community and the LGBTQ community as a whole is one libertarians want to help improve. Hopefully future efforts will be met with more acceptance and a more enlightened dialogue informed by reason rather than fear.



MIKE GIFFORD/CC BY-NC 2.0

One solution is to create separate spaces for transgender individuals.

## Healthy options for snacks to stress eat



Juliana Veracka  
Dorm Diets

I just sat down and ate an entire container of dried cranberries in 10 minutes. Look, it's Sunday night. I'm way behind on my homework... no, I'm way behind in life. So sue me if I want to binge once in awhile. And, okay, maybe dried cranberries aren't a popular binge-eating choice, but I have an extremely limited diet, so don't judge.

What I'm getting at is this: We all get stressed. And for better or for worse, stress affects our eating habits. Look, I don't even have the energy to tell you to not eat those five Insomnia Cookies, to not to get that midnight snack of fried mozzarella sticks from UniMini, to not to make those double chocolate chunk cookies at 1 a.m. I'm someone who, if I wanted to (and I have), could eat an entire container of Ben & Jerry's ice cream in one sitting and still have room for more. To be honest, I would probably still do that if I could eat dairy.

But — and I don't really want there to be a "but," but there is, so — if you're like me, you get stressed out a lot, so you can't really afford to binge on super sugary snacks and desserts every week (more like every day). Don't get me wrong, I'm not going to tell you what to do in your time of need, but I can offer you some alternatives to the unhealthy foods that we all crave when we're stressed.

**1. Dried fruit.** Okay, this is clearly the option I chose. But don't be like me and eat an entire 9.5 oz. container in one sitting. That's a lot of sugar. Which is, incidentally, why I am mentioning dried fruit in the first place — it's a sugary snack that isn't actually too bad if you're choosy about where it comes from. Dried fruit is almost like candy. Well, it is to me, anyway. I might be a little out of touch on account of the fact that I haven't eaten actual

candy in a while. But I digress. Try to find brands that don't add too much sugar to these already sweet treats and you'll be set! Cranberries and apricots are my favorite.

**2. Sweet Potato Chips.** Sweet potatoes are actually healthier than regular potatoes, and they are delicious. 10/10, would recommend. Bake your own or buy 'em from a store. Either way, enjoy!

**3. Carrots with Hummus/Guacamole.** I don't know. Carrots are kind of sweet. I actually hate carrots, but I'll eat them with guacamole any time. I like to make my own. It's really simple, just mash up an avocado and basically add whatever seasonings you want. Plus tomatoes and onions if you're feeling fancy. And hummus is always good. This combination of sweetness and fat is probably the most satisfying option so far if you're not looking for something too sugary.

**4. Plantains.** Seriously. These are so good. Not the most convenient option, maybe, because they have to be at a certain stage of ripeness (turning brown/black, *not* all yellow and certainly not green). Also, you have to cook them in some fashion before you eat them. I suppose you could eat one uncooked if you wanted to, but I've never heard of anyone doing that. I like to slice 'em up and fry 'em in coconut oil. You could just microwave them. There are tons of recipes online and they're all worth it.

**5. Pistachios.** I could've picked any type of nut but I picked pistachios because in my opinion they are the most delicious, more so than almonds or walnuts or cashews, and don't even get me started on peanuts (which aren't even nuts, by the way). Plus, if you get the shelled kind, I find that cracking the shells open makes for great stress relief. Very satisfying when you're freaking out over your paper topic for Introduction to Cinema or whatever.

Honestly, all of the options that I mentioned are great. I really enjoy them. But if you're stressed, I'm not going to stand between you and your double fudge ice cream with Nutella and whipped cream on top. Go for it, girl. Or guy. Or person. Whoever you are. Live your dreams.

## Spreading cheer through simple surprises



Michael Gentile  
Good Vibes

I love surprises. I love the involuntary transition from monotony to magic, from another moment lived according to plan to the scene that hurls the map out of the window and floors the gas onward. I love sitting shotgun and feeling the mute vibration of tires veering right off the highway ramp; I love not needing to ask where we are going. I love being wrong, to soak up my own fallibility, to not have thought of the best next step. I love when the world, indifferent to what I asked for, writes the script.

But most of all, I love when my fellow men and women, fueled only by the desire to be good, take the story into their own hands to surprise another with a smile, to remind another cog in the machine that life is upon us and deserves to be savored.

As classmates we have the duty and privilege to surprise one another because otherwise the rigors of Hopkins will not loosen and the approaching winter will not stall. All too often during the final stretch of a semester we lose track of our own need to sleep and smile, to laugh and relax. We lose ourselves little by little, looking to eventually recuperate during winter break.

In this sense, it's important to fill your roommate's, your friend's — even your lab partner's — days with happiness that they may

not have foreseen for themselves. That way, no one leaves themselves out of the lives that they were born to enjoy.

Surprises can come in all sizes, from the type that mesmerize you with thought and cause your heart to swell with warmth to those that may just supply a grin genuine enough to get you through a lecture.

Regardless, surprises bar judgment and critique, for they are in themselves infinitely better than the alternative of nothing at all. As long as your surprise aims for kindness, you can give a car or a hug, hold a party or a door, reunite your friend with a family member or a favorite song. Such sincere intention must spread and encompass our campus until kindness no longer surprises us but holds as custom, as the social identity of Hopkins.

The first step along this road must break down the idea that praises doing things for others as sacrifice, that bringing good comes with an opportunity cost. A life given to others is the most well-traveled; it lives without borders and learns the secrets of the human heart, never growing out of anyone's life but up through them.

Though studying that extra hour may seem sensible, using it to bake a cake for your neighbor's birthday transcends the left side of the brain and nourishes our soul, the most beautifully human thing that we possess. When we activate our soul by sharing it with others, our capacity to give, to love, to surprise each other each day with tiny little miracles grows infinite. Interwoven as such, we follow suit. We reach heights that are impossible

on our own. We win.

Next time you see a fellow classmate slouching in disappointment or fatigue or boredom, don't just spectate. Don't hope that they solve their own problem. Instead, innovate. Buy them a cup of coffee (what's a Dining Dollar anyway?). Tell them a joke; the anti-Towson meme usually works.

Ask them about their life: What made you smile today? What would you do with one wish right now? And then, brainstorm positivity, simplicity and connectivity. Let them know that the best moments of our life don't require anything of us except to let go. Surprise them with their own power to surpass obligation, to give it all away one second and gain the world the next.

While obstacles may inevitably exist in greeting a stranger, innovation faces no bounds with friends. If you know that your friend faces a tough week ahead, reflect on their greatest heights and write the next one. Plan an adventure, one that they have no say in, or anything to say after. Leave a gift, perhaps one that reminds them of a fond memory or flashes forward to a future one. Say a joke, preferably one

that reminds them to unclench their white-knuckled fists and to recycle their stress-stale air, to let their body restore its rightful equilibrium.

If anything, let them know how much you care about them. Although sad, the most surprising thing to us wonderful, insecure beings is the harmony of two hearts beating as one.

So today, revive that synchronization. Think of someone so deeply and caringly that you cannot imagine him or her without a smile, and then write the scene that best puts it on. Hold their character gently in your hands, mindful of all they deserve and of the path they currently travel and guide them to light. Give them a tale they would like to read, a sentiment that will endure in their soul forever.

Write the story for the twists, for the moments of triumph, for the emotions that we somehow feel without being related. Take their breath away and fill it with yours. Surprise them with the effortlessness and innateness of your connection, of the unending bond between protagonist and author and, most importantly, between humans.



SHANE ANDERSON/CC BY 2.0

I love sitting shotgun and not having to ask where we're going.



THE JOHNS HOPKINS

NEWS-LETTER

PUBLISHED SINCE 1896 BY THE STUDENTS OF THE JOHNS HOPKINS UNIVERSITY

Editorials

Students should have taken the chance to engage with Dershowitz

On Tuesday, renowned defense attorney and Middle East scholar Alan Dershowitz came to Shriver Hall as part of the Milton S. Eisenhower Symposium speaker series. The announcement of his visit sparked several campus groups to draft a petition with the goal of barring Dershowitz from speaking on campus. Fifteen minutes into the event, nearly 50 protesting students stood up in unison, holding up signs that read “You Are Rape Culture.” These same students held their ground for a few minutes and then silently shuffled out of the auditorium, without saying a word. Meanwhile, Dershowitz, with the petition in hand, began listing inaccuracies with some of the claims and encouraged the students to stay and engage him in conversation. The Editorial Board fully recognizes and understands the message that the planned walkout conveyed. However, we believe that an open dialogue with the speaker would have sent an even more powerful message.

We understand that the walkout was not likely conducted in order to change people’s minds on the issue. It was conducted to send a message — the message that there are a large number of students who disagree with Dershowitz and what he stands for in terms of rape culture. And while the message was sent — and received — a proactive approach would have been more effective. The silence the group of students practiced absolutely has a symbolic significance in this protest and our intent is not to minimize their message in any way.

While the Editorial Board certainly follows and understands this line of thinking, we think the goal was misguided. Instead of setting out to emphasize that Dershowitz was unworthy of speaking — and thereby not worthy of a voice — the students should have stayed and engaged in a dialogue with him. Their goal should not have been to silence him; instead, they should have sought to prove that their claims could stand up to criticism from the man himself. If they truly believe that the assertions in the petition had merit, then they should have stayed and proven it.

We believe that the most valuable person to engage with is the one you disagree with the most. To simply decide that a person is morally repulsive and does not deserve a voice is an extreme response. The entire goal of a debate is to constructively discuss points of disagreement. The students should have stayed and asked him the questions everyone thought they would ask. Why was he accused of rape? Why does he use the tactics he uses in defending his clients? Why have several people claimed large portions of his book are plagiarized? These are all important questions that could have elicited illuminating answers.

And if the students were unhappy with his responses, they should have respectfully asked follow-up questions. Yes, as a defense attorney you are required to do everything in your power to provide a legitimate defense for your client, but don’t you think you may have toed the line of ethics with your tactics? You said you refused to take rape cases until the rape shield law was passed, but how are your tactics any more morally sound than asking a woman about her past sexual history? The Editorial Board firmly believes that a discussion would have been the best and most powerful tool the students had at their disposal.

Yes, Dershowitz is a skilled speaker who has been defending himself for years against the very allegations the petition levied. Yes, he almost certainly would have had an answer to any question the students would have thrown at him. And yes, speaking to him would have been admitting that he is indeed entitled to a voice. But we believe that even in the face of a seemingly insurmountable challenge, these students should have held steady and voiced their discomfort. This would have not only sent a more powerful message than simple silence, but it would have also earned the group an extraordinary amount of respect. The students had the means to put Dershowitz on the defensive and demand answers. We believe that an open discussion would have been both interesting and informative, and we hope that in the future, students take advantage of these opportunities.

For students and professors: How to improve the office hours experience

On the first day of classes, professors invite their students to come to office hours with questions they may have during the semester. Despite the invitation, there’s a problem at Hopkins with getting students to actually attend office hours. The issue isn’t that students don’t need the help, and it isn’t that professors aren’t available. So since both parties are interested and willing, what exactly is the disconnect?

Office hours can be very intimidating to students. Professors at Hopkins are at the top of their fields. They’ve won awards, are doing cutting-edge research and sometimes have even written our textbooks. It’s not surprising, then, that students choose to not go to office hours unless they desperately need help. It’s hard to walk into a professor’s office with a question that, given the professor’s extensive knowledge, seems ridiculously elementary, which is why students may instead choose to talk to a TA or fellow student, leaving their professor as a last resort.

The issue cannot be blamed on either professors or students, but both parties can and should work harder to bridge the divide. Here are suggestions that could enhance the office hours experience.

For students:

Students should know that professors do want to see them at office hours. Even though office hours are mandatory for professors, this doesn’t mean they’re annoyed if students come by. Professors’ jobs are to help their students, and office hours are the best place to do this. Some professors are honest when they say that they are lonely in their offices and would love for someone to come by to talk.

Professors are, in general, very nice and willing to help students with whatever questions they might have, even if the question is not related to the class. If students are interested in talking to a professor about something other than course material, they shouldn’t be afraid or concerned they’re either taking away from other students’ time or the professor’s.

Students should feel free to use professors as resources for internships, career advice, networking, and general life plans. They’ll usually be more than willing to discuss jobs or research positions or connect you with their colleagues.

For professors:

It’s very hard for a student to walk into a professor’s office without a reason. Broaching a subject unrelated to class can be challenging when the student doesn’t know what to talk about, or the stature of the person seated before them leaves them stunned.

Professors should know that students might find them intimidating. One reason students might not show up is that they find their professor unapproachable because the professor always looks preoccupied with their computer or phone. Be mindful of the student coming to see you — they’re there for your help with a question they might think is stupid. Sometimes it takes a lot of guts to ask for help or face a professor with that much intelligence and talent.

Students might find it helpful if a professor provided topics that students could come to office hours to discuss — research, personal interests, or subjects that were brought up tangentially in class.

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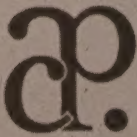
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The Gatehouse  
(on the corner of N. Charles Street and Art Museum Drive)

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# OPINIONS

*With the exception of editorials, the opinions expressed here are those of the contributors. They are not necessarily those of The Johns Hopkins News-Letter.*

## It's time to ditch plastic bottles and gallon jugs

BY FRANK WAGGONER

Brown University, Harvard University and Cornell University: These are only a handful of universities nationwide that have placed a formal ban on the sale of plastic water bottles on their campuses.

To many of us, buying bottles of water at CharMar or UniMini is not a big deal. Water is, after all, a necessary part of living happily and healthily. It's true, buying bottled water is convenient and easy. On our campus, bottled water is sold where it is most accessible to students, whether one buys gallon jugs at CharMar or a bottle from a vending machine. This convenience and ease of use may be part of the reason why college campuses are frequently cited among the organizations with the largest and most concentrated contribution to plastic bottle waste in the nation.

Some people don't like the idea of carrying around a reusable water bottle when they can buy a plastic one just about anywhere. Habits are hard to break, but what if these people knew that bottled water can be up to 2,000 times as expensive as tap water? What if they knew that within a given year, they may waste upwards of \$1,400 on bottled water when alternate sources of clean water are readily available to them? These are all facts that when considered, make buying a plastic bottle of water seem a lot less appealing.

The Johns Hopkins University chapter of Take Back the Tap (TBTT) is an on-campus organization focused on eliminating the sale and use of plastic water bottles on campus. Since their creation in 2012, TBTT has made a number of important steps toward this goal. Together, we have initiated the installation of hundreds of water bottle filling stations around campus, made reusable water bottles available to all incoming students, and held a number of informative awareness events. A recent survey conducted by Take Back the Tap revealed that only 22 percent of students at Hopkins buy bottled water on a regular basis, compared to 28 percent in 2012. Although the numbers have dropped, we are still far from being completely independent of bottled water. When asked whether or not they are concerned with environmental issues, the majority of people answer "yes." At the same time, however, many people do not know how they can make a difference. They believe that decisions made by an individual are so minute that they will have no effects on environmental change in the long run.

At Take Back the Tap, we disagree. We feel that change begins at the individual level. While it may be hard to see how the actions of an individual can make a difference, the actions of a University are immediately impactful. We believe that it's time our University took a stand. That is why Take Back the Tap is encouraging The Johns Hopkins University to "Ban the Bottle." This won't happen, however, until we as a student body take a stand ourselves.

Banning the bottle starts with you. Whether you're someone who drinks bottled water or not, it's going to take cooperation from every student on this campus if we want to make a difference. Most people don't know that all the tap and utility water in Baltimore has been purified and is completely safe to drink. In fact, most sources of bottled water go through the same purification process as tap water does. In addition

to this, the Environmental Protection Agency (EPA) requires daily, published water tests on all sources of tap water nationwide. The Food and Drug Administration (FDA), however, which regulates bottled water, only requires unpublished, weekly tests. Despite all this, many students might still complain that tap water tastes "funny" or "metallic." A simple fix to this problem is to buy a generic water filter and attach it to your tap or to purchase a reusable water bottle with a built-in filter. This adds an additional process of purification and remains economical, environmentally friendly and may help to make your tap water more palatable and refreshing.

So whether it's to keep the planet or your wallet a little greener, ditch the plastic bottles and the gallon jugs. Buy a reusable bottle, and turn on the tap. Let's all put a little more thought into our day-to-day decisions and try to keep the Earth a little more clean. With your support, and the cooperation of the Johns Hopkins administration and community, we can ban the bottle on Homewood Campus.

It all starts with you.

*Frank Waggoner is a sophomore mechanical engineering major from Chicago.*

## Humanities classes can be hard too

BY EMELINE ARMITAGE

Living with three pre-meds requires a bit of an adjustment for my strictly humanities-wired brain. I have the urge (and rarely suppress it) to yell out "the mitochondria is the powerhouse of the cell!" whenever they talk about anything vaguely science-y. I mix up Orgo and Orgo lab and Biostat and Biochem and who's in Lin Alg and who's in Diff Eq; What's the difference between them anyway? I have had multiple people using multiple techniques try to explain what Discrete (or Discreet?) Math is and I genuinely wonder if there is a Conspicuous Math to accompany it.

My living situation comes with perks of course: I can finally understand what the statistical deviation has to do with my test score. But it is hard not to feel somewhat intellectually inferior when I can barely do long division and need to review point-slope form for Macroeconomics.

However, this year my ego-inflating savior has appeared in the form of IFP, or Intro to Fiction and Poetry. Yes, this class, which is taken by my mathematically minded companions to fulfill distribution requirements, has given me the boost to take my self-esteem back to its usually overblown level. For every x and y I fail to understand, there is a poetry

assignment or a short story. Newton's Third Law does state that for every action, there is an equal and opposite reaction. (See Ms. Clark? I do know physics!) I take a perverse joy in seeing my friends clumsily struggle through a poem analysis or grapple with an extended metaphor. Not that I am a great poet — quite the contrary. But it still belongs to my half of the brain.

Apparently IFP had the reputation of being an easy A, but this year the department is attempting to rid the class of this label. Amid the begrudging of my friends, I applaud this effort. Although the class shouldn't be soul-crushingly hard, writing is not easy. (I have enough crappy high school poetry to dispel that rumor.) Just writing a poem or story is hard; writing a good poem or story is harder. Sometimes at Hopkins the humanities are unfairly treated as easier than other disciplines. But whether I am in the library until 3 a.m. finishing a paper or my suitemate is in the library until 3 a.m. studying for Differential Equations and Applications, we are both suffering in the place at the same time.

I hear a lot of complaining about the slight increase in intensity in the IFP class. It just makes me happier. I would never take Calculus 1 or Gen Chem or Intro to Comput-

ing and expect an easy intro course. "But that's different — you can learn math, but you can't learn, like, poetry," I hear. I disagree. Writing, like math, takes practice, time, commitment, trial and error. It is possible to work hard and improve, or we would all still be writing angst-ridden middle school treatises. Also I disagree that everyone "learns" math. I took a full year of Calculus in high school and couldn't explain what a derivative or an integral or anti-derivative is if my life depended on it.

I know that the joy I feel when I see my friends suffer in their humanities is wrong; they are my friends and I should want them to succeed. But it is refreshing to be asked for help rather being the one constantly asking math questions. I love helping my Chem BME and Applied Math and Neuroscience friends with their poems and stories. It is an ego boost like no other. Alas, soon IFP will come to an end and the status quo will resume. A message to all my fellow humanities majors out there: Next time you miscalculate the tip or how many Dining Dollars you can spend per week, find the nearest premed ripping their hair out over a couplet.

*Emeline Armitage is a sophomore International Studies major from Cleveland.*

## Cowboy boots are the great white shark of the footwear world

BY WILL MARCUS

Advancements in the field of materials science combined with contemporary fashion aesthetics have given us thousands of high-tech footwear options that have the power to simultaneously confuse and anger your grandpa.

As we all know, when it comes to most relatively unimportant matters, grandpa really does know best — footwear is no exception. Have you ever tried on a pair of New Balance walking shoes? Those shoes are literally so comfortable that nothing could ever make you uncomfortable. With those shoes on you might gain the ability to nap on any piece of furniture, in any position. You might find yourself completely unable to filter your thoughts in any capacity because you no longer fear being uncomfortable in any social situation. Not to mention, the convenience of Velcro is nothing short of miraculous. Regardless, the point I'm making is that grandpa knows what's good when it comes to footwear. He realized that the technology to create the perfect shoe was established before 1985, and any further shoe evolution is equal parts superfluous and moderately upsetting. All of this being said, boots are not shoes — and your grandpa undoubtedly has some thoughts about this category of footwear as well.

Your grandpa knows that a real boot has precisely five ingredients: leather, wood, threading, a small rubber grip for the heel for optimal safety and, finally, homegrown American craftsmanship. Real boots do not involve "Shox," "Air" or "Pumps." Modern cowboy boots might be a little more colorful and a little more fashionable, but they have remained virtually unchanged for the past few centuries. They are the great white shark of footwear; they have been evolution-

ary perfect for a relative eternity compared to all other types, and there is a plethora of reasons you should own a pair. I'm going to use the rest of this piece to list every one of these rationales from most absurd to most reasonable.

**Reason 1:** Cowboy boots are your ultimate insurance against spontaneous time travel. If you find yourself suddenly ripped through the space-time continuum and transported back in time within three and half centuries, no one will bat an eye at your footwear. Depending on the rest of your outfit, no one is going to accuse

you of witchcraft or being the devil, which means that your boots could very well spare you a very unpleasant demise. If you're rocking your limited edition Nike Airforce Ones in a 19th century small town drag in Texas, you're going to have some explaining to do — and people may not exactly be open to listen to what you have to say. So buy a pair of boots and get the peace of mind you never thought you needed until now.

**Reason 2:** You can lie to foreigners about what Texas is like. To the average person who's never been to the United States, Texas is a mythological place shrouded by dense clouds of indecipherable insanity. For example, Norwegians use "Texas" as an adjective that has the same meaning as "crazy" and/or "awesome." So if you're lucky enough to be wearing your boots while talking to someone who is totally clueless about the realities of Texas, you'll have enough credibility to convince them of just about anything. I love to recount the story of that one time in the third grade when the teachers made Kyle and I engage in a duel because he stole the Reese's cup from my Lunchables — or how local Texan businesses, like the



MEGAN DONNELLY / FOR THE NEWS-LETTER

neighborhood feed store, are considerate enough to have a complementary raised water troughs near the hitching posts to give your horse, Otis, something to drink while you shop, and they'll always have a bucket of \$0.50 carrots and/or apples by the register if you want to give Otis a treat. Now, I've never left someone with such misconceptions, but telling some temporary Texas tall tales to someone who will believe you is a joy you can experience if you get a pair of cowboy boots.

**Reason 3:** Putting your feet up on various objects from a seated position is a great pleasure you had no idea you ever wanted. Whether you're on the sofa and you throw your boots up on the coffee table before you tell your roommate what's what, or you're sitting in an office chair and you throw your boots on your large desk before you tell anyone what's what, you'll experience an unprecedented surge of confidence and sense of authority. For better or for worse, whatever "what" you want to communicate will be imbued with incredible emphasis. Even if you're just enjoying a nice cup of coffee on the porch, putting your boots up on the table will fill you with a desire to embrace a slower pace of life and just enjoy the little things.

**Reason 4:** Cowboy boots make you 1.5-2 inches taller

and do not have the same social stigma as "Lifts" shoe inserts, piggyback rides or walking everywhere on your tip toes. 'Nuff said.

**Reason 5:** They last forever and age like wine. I bought my first pair in 2008 and have been kicking around in them ever since.

**Reason 6:** You will never find anything more comfortable. If you get a real boot with a leather sole, your foot will mold it over time. If you've been wearing the same pair for seven years like I have, you'll feel like Zeus himself crafted them to fit the exact dimensions of your foot and idiosyncrasies of your stride. Meanwhile, if someone else with the same foot size tried them on, they likely wouldn't be able to walk more than a few city blocks before getting too uncomfortable to continue. You will literally own your boots like no other footwear in your closet.

In conclusion, I believe that I have spoken to no more than one-tenth of the merits of cowboy boots. Do yourself a favor, buy a pair and hop on this bandwagon — its a fun place to be. And if you regret your decision, I'll eat my hat.

*Will Marcus is a senior International Studies and political science double major from Austin. He is the Opinions Editor.*



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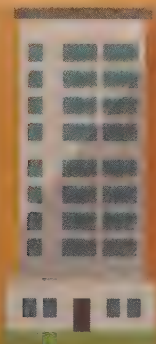
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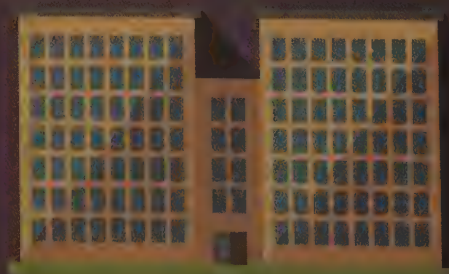


# Meet & Greet w/ Off-Campus Housing

Get a jump start on your off-campus planning for Fall 2016!  
 Tuesday, November 17th 4:30p - 6:30p, Charles Commons MPR

Come meet the Off-Campus Housing Staff and representatives from  
 the commercial properties that surround the Homewood Campus.  
 Stop by and get lots of information about off-campus housing.

**\*\* FREE pizza, snacks, and give-a-ways. \*\***





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News-Letter

Your Weekend • Arts & Entertainment • Cartoons, Etc. • Science & Technology • Sports

NOVEMBER 12, 2015



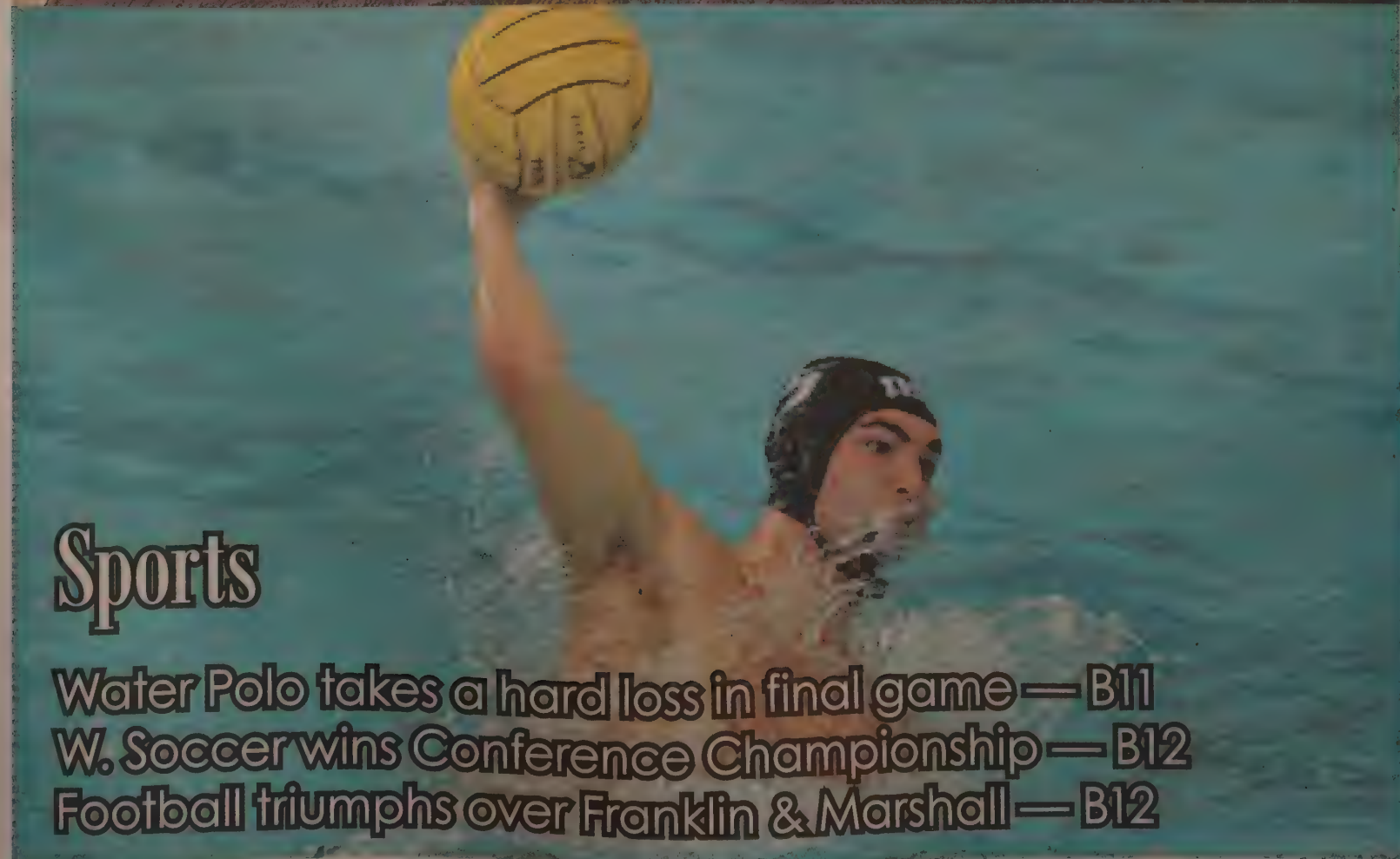
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# YOUR WEEKEND Nov. 12-15

## Events in Baltimore this weekend

### Alloverstreet is at once bizarre and inviting

#### Thursday

##### Nuggetfest 2015

Polish Home Club, 6 to 9 p.m.

\$15 for all you can eat chicken nuggets. Buffet style. Dipping sauces. Need I say more? The event is all-ages, but there will be libations galore for those who are 21 and over.

##### BSO Pulse: Wye Oak

Joseph Meyerhoff Symphony Hall, 8:30 p.m.

BSO Pulse brings together classical music and indie rock. This week, the Baltimore Symphony Orchestra will perform with Baltimore rock duo Wye Oak.

#### Friday

##### Prisoner Organizing in the Civil Rights Era

Red Emma's, 7 p.m.

Join an author/historian, an author/Baltimore community activist and a former Black Panther, who began a community program while incarcerated, as they discuss how the history of prison activism might inform the present.

##### Girlpool, Alex G, Eskimeaux and Sitcom

The Ottobar, 7 p.m.

This all-ages show will feature some of the most talented American rising female artists. Tickets are \$13. Stop by for good vibes and girl power.

#### Saturday

##### Shamir with Hana

The Ottobar, 8 p.m.

The pop-y and hip-hop-y Shamir will bless the Ottobar with a most-likely vibrant performance on Saturday night. Tickets are \$15. It is sure to draw a lively crowd.

#### Sunday

##### Ava Luna with Oliver Figgs, Et Al and Wae

Metro Gallery, 7 p.m.

Ava Luna is a seriously unique and seriously good group. They play with cross-genre influences and mesh them into a WTF-concoction that somehow totally works. Check them out in Baltimore for \$10.

#### Errata: Nov. 5 Edition

In the Nov. 5, 2015 edition of *The News-Letter*, the article "Music in review: Baltimore Folk Festival" contained a photo caption that misstated the location of the Ottobar — it is in Remington, not Hampden.

*The News-Letter* regrets this error.

By MIA CAPOBIANCO  
Your Weekend Editor

I guess this was a week for finally attending events that the Your Weekend team members have been kicking themselves for missing (see Veronica's article below). As a firm advocate of the need for Hopkins students to get off campus and experience the unique arts and cultural events regularly offered in Baltimore, I had felt like a bit of a hypocrite for having never attended Alloverstreet.

Alloverstreet is a monthly event featuring a series of simultaneous openings, shows and performances at various art spaces in the area around E. Oliver Street in Station North.

This month's event featured a one-night show at the Motel 6 on North Avenue. Each room featured a site-specific installation or performance. I wasn't able to make it to the Motel 6 in time to experience the show (it only ran for two hours) but I heard it was insane. (Apparently there was a man, his face covered in shells, screaming in a Motel 6. What more could you want of performance art?)

But I was lucky. There was so much art in the CopyCat Building that I didn't feel the need to venture any further; I saw a collection of paintings,

installation art, prints, sculptures and performance art in various locations throughout the evening.

I was particularly struck by Caroline Hatfield's *Blushing* in the Ballroom Gallery, which featured many artists and various media, at La Bodega Gallery and a performance piece in a fourth floor unit in the Copycat.

Each of the shows offered something a little different. Hatfield's work used materials not usually associated with high art, and they appeared simultaneously strong and delicate. *Blushing* seemed more whimsical and in a way less vulnerable. It showcased work from the curator's personal collection. On display were images of childhood, sex and consumerism.

The performance piece was excellent. A woman was blindfolded and stripped naked then submerged into a bath of an unknown liquid as the audience learned that she would be the "solid ingredient" in their cocktail. People paid various prices to drink the cocktail, lap from her hands, lick something sweet off her back and so on. It was an interesting commentary on the commodification of the female body.

This event gave me a chance to see several shows all at once for no



COURTESY OF MIA CAPOBIANCO

Work by Caroline Hatfield is currently on view at La Bodega Gallery.

cost at all. I highly recommend hitting up Alloverstreet next month. It really does have something for everyone. And if you want to make a night of it, check out Club Charles a few blocks away. It is an old-school-cool bar with well-

crafted, decently-priced drinks. (Plus, apparently John Waters frequents it.)

This all goes to show that if there's an event that you've been thinking about going to for a while, you should go for it. It could be great.

## Live music in review: Kahlon (at last!)



ANDREW BRAITHWAITE/CC-BY 2.0

Baltimore's Dan Deacon has performed at Kahlon in the past and was one of several DJs at the Crown this past Saturday night, Nov. 7.

By VERONICA REARDON  
Your Weekend Columnist

I believe I've written about the Crown before, probably about the Hey You, Come Back! reading series they have there once a month. Another recurring event at the Crown that I've intended to go to for a while, and that I made it to this past weekend for the first time, is Kahlon (at last!).

At first I thought Kahlon was a person. In fact, to be quite honest, for an embarrassingly long time (up until last week) I thought Kahlon was a person. Turns out it's a bi-monthly party curated by Abdu Ali, a rapper and musical artist based in Baltimore, as well as Lawrence Burney, the editor of True Laurels, a bimonthly art and music zine. I've read articles by Lawrence Burney before, so it was fun to find out that he's involved with something very accessible in the Baltimore music scene. Kahlon has

featured many Baltimore artists, including Dan Deacon and TT the Artist. It has been around for about two years now.

Part of the point of Kahlon is to challenge the idea that a musical event should feature one genre or only similar genres. Abdu Ali, Kahlon's creator, said in an interview that they are trying to reflect the diversity of the music that people listen to on their own now. I relate to that statement; I can start out listening to Flying Lotus and end up listening to bluegrass in the span of half an hour. Kahlon also focuses on trying to showcase Baltimore musicians specifically and on trying to bring Baltimoreans together who may otherwise never meet.

Getting to the Crown, where Kahlon usually takes place, is easy. You can take the JHMI to the North Avenue stop, which is just before the Penn Station stop, and walk maybe a block from there. There's no reason not to

make it there at least once; They have a lot of different events. There are the readings I mentioned; There was a performance last year by Susan Alcorn, who is an excellent and unusual steel pedal guitarist; there are punk shows and even a party called Queerology. The list goes on. It's a part of the Baltimore art and music scene and as such, is something worth seeing at least once.

While at the event I was focused more on dancing and drinking than on observing the attendees (no regrets), there was a pretty diverse crowd in terms, and somewhat diverse racially.

The Baltimore art scene has struggled alongside the city with race and continues to do so. It is an issue that Abdu Ali and many others have talked about a lot and is one that Kahlon attempts to address. Kahlon did seem like a potential meeting place for people from many different backgrounds and parts of

Baltimore, and may have been even better in the other room, as the Crown has two rooms, and I stuck to one this time around.

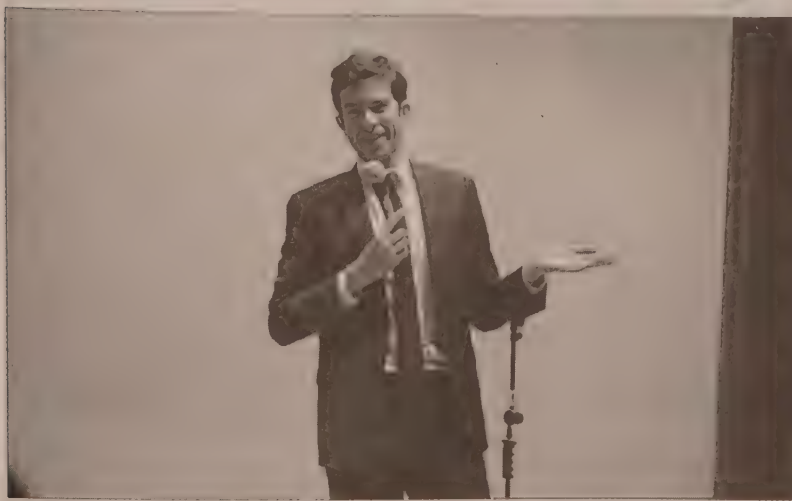
The music played was certainly diverse; I heard Baltimore club music, rap, classic rock and indie pop all in the same room at various points. All of it was fun to hang out and dance to, and the vibe was great. I'm not sure if Abdu Ali himself has performed at Kahlon, but I would definitely like to see him live even more now that I've been to the party he runs and read some of his interviews. [Editor's note: Abdu Ali performs regularly at Kahlon and performed on Saturday night.]

While Kahlon has been at the Crown for most of its lifetime, Abdu Ali has talked about moving it around Baltimore and making it more of a festival. The potential for Kahlon and for Baltimore's music scene is great, and I'm excited to see what the future holds.



# ARTS & ENTERTAINMENT

## John Mulaney pokes fun at Hopkins quirks



IVANA SU/PHOTOGRAPHY EDITOR

Comic John Mulaney joked about University student life, including the registration system ISIS.

By **MARCIA ZIMMERMAN**  
For *The News-Letter*

Comedian and former *Saturday Night Live* (SNL) writer John Mulaney charmed a packed Shriver Hall on Nov. 5 by poking fun at Hopkins culture.

Mulaney, who was invited to campus by The Hopkins Organization for Programming (HOP), admitted he was suffering from jet lag, having just gotten back from a trip to Abu Dhabi where he visited American troops with Michelle Obama and Conan O'Brien.

He did not want to leave to see Hopkins, at least not until his manager told him Hopkins is a top-ten school. The crowd whooped in approval.

"I spilled water on my pants backstage. My water bottle was wet on the outside, which it's not supposed to be; It's supposed to be wet on the inside," Mulaney said. "I thought, I can't go on-stage with water on my pants, these top-tenners, you'll all think I peed in my pants. This is a top-ten school; I can't be out here with water on my pants!"

Throughout his set Mulaney proved he did his research, remembering the "s" at the end of

Johns and skewering the school for not renaming the "ISIS" Integrated Student Information System. He cited American laziness and stubbornness as the reasons the school has kept the name.

His Hopkins knowledge elevated his jokes from random, funny situations to relatable inside jokes. When an audience member decided to yell out the University of Alabama's slogan, "roll tide," during Mulaney's conversation with another audience member, he jokingly critiqued him.

"I've got a loud voice! I play lacrosse — I've got a loud voice. I ride around on a hoverthing," Mulaney said, referring to the infamous motor scooters that many male lacrosse players ride around campus.

About 30 minutes into Mulaney's performance, three students came in late.

"Uh, I'm sorry, we've already begun. What are you three doing here so late?" Mulaney said. "I gave a speech on bridging the gap between police and minorities and got a standing ovation... I guess that's a bad approach with the audience — to harass them immediately."

His interactions with the audience were genuinely funny because they

were spontaneous.

"I love the way he performed, talking to individuals in the audience, making jokes specific to Hopkins, and going off on tangents," freshman Eric Waelbroeck said. "It made him feel more personable and made me feel like I was listening to a funny friend rather than being shown a scripted performance."

A surprising aspect of Mulaney's performance was that he talked about topics with which many college students have no experience, like marriage, children and buying a house, yet the way he told these stories made them engaging and laughable.

One memorable anecdote about buying a house was relatable not because of the 30-year mortgage but rather because Mulaney touched upon common college-student feelings about the distant future and

current pop culture references.

"I bought a house. I don't know why I bought a house. It was built in the 1920s but it was flipped in 2015 which means it is haunted but has a lovely kitchenette. I mean, I didn't buy the house — a bank bought the house and I pay it off over 30 years, but I keep my pants there," Mulaney said.

"A woman from the bank came over to the house to show me my mortgage broken down month-by-month for 30 years, and I just started laughing. She goes, 'So this is what you'll pay in July of 2029,' and I went, '2029 — that's not a real year! By 2029 I'll be drinking moon juice with President Fetty Wap.'"

Mulaney often circled back to hilarious anecdotes about his father. In his first story about his dad, he joked that he and his father had the mutual understanding of a cop and a criminal. One car ride exemplified this relationship.

"We were all little kids on a long family car ride to Wisconsin... In the distance we see a McDonald's and get so excited we started chanting 'McDonald's.' My dad pulled into the drive-thru and we started cheering, then my dad ordered one black coffee for himself and kept driving. As mad as that made me as a little kid, that was the funniest thing I have seen in

SEE MULANEY, PAGE B5

## DarkMatter performs poetic social critique

By **SARAH SCHREIB**  
Arts & Entertainment Editor

DarkMatter, a trans South-Asian artist and activist collaboration between Alok Vaid-Menon and Janani Balasubramanian, presented a series of spoken-word poems infused with both personal and political statements to a packed Levering Lounge this past Saturday.

The group's performance, which was followed by a brief Q&A session, is part of their larger tour titled #ItGetsBitter, a satirical twist on the LGBTQ campaign's #ItGetsBetter slogan created by author-turned-activist Dan Savage.

Hopkins Students for Justice in Palestine (SJP) brought DarkMatter to the Homewood campus. The group's president, Mutasem Al'dmour, decided to reach out to the pair after becoming a fan of their work as both artists and activists.

"Alok and Janani are activists who visited Palestine and worked with the queer movement, Al-Qaws, there. They also spoke at [the] National SJP conference last year," Al'dmour wrote in an email to *The News-Letter*. "So we admire them for their work as activists, and we could not think of anyone better to draw on the parallels between the LGBTQ struggle for equality and the fight against Israeli colonialism."

The relationship between LGBTQ equality and colonialism was at the forefront of DarkMatter's performance. During their introductory statements the duo explained that their focus was not just on the movement for LGBTQ rights, which they feel has been dominated by upper-class white men and women and generally ignores racial issues. Instead their mission also included abolishing structures of colonialism and capitalism, which they claim have created drastic socioeconomic disparities and a system of conformity.

While their strongly held political beliefs and goals were apparent throughout their performance, they also showcased their abilities to write and perform poetry. Each poem was intricately crafted with unexpected comparisons and unapologetic allusions which had the audience laughing, nodding and snapping throughout.

At times the performers shouted, the stanzas erupting in a bitter fury. At other points they simply stood with their hands at their sides, allowing the power of their words to impact a silently enraptured audience.

In "It Gets Bourgie" the duo presented a biting critique of Dan Savage and members of the current LGBTQ movement (referred to as

SEE DARKMATTER, PAGE B5

## Culture Show showcases diversity, community

By **SPENCER ABROHMS**  
For *The News-Letter*

Song, dance and political statements filled Shriver Hall on Friday, Nov. 7 at the annual Culture Show.

Culture Show, sponsored by the Office of Multicultural Affairs, was founded in 1987 as part of CultureFest, now known as CultureSCAPE. The purpose of Culture Show is to celebrate the many cultures that make up the Hopkins community and the unique artistic expression they each provide.

The show allowed 16 different groups to show off their various talents. Singing groups like the Jewish a capella group Ketzev and the Chinese a capella group Music Dynasty proved that you don't need instruments to spread cultural awareness. Both groups sang one song in Eng-

lish and one in their foreign language, creating performances that were relatable and displayed unique cultural identities.

Additionally the Gospel Choir gave a memorable performance that was able to engage even those who are not religiously inclined. Senior Diamond Pollard and sophomore Dikachi Osaji enthralled the audience with a passionate spoken-word performance that illustrated the plight of African Americans and the importance of being fiercely independent.

There were also a variety of cultural dance performances. These included pieces from the classical Indian dance team Shakti, the jazz and lyrical group Jaywalk, the Caribbean dance group Vivaz, the African dance group Temps d'Afrique, the official Hopkins dance team Ladybirds, the Latin



COURTESY OF CINDY JIANG

Culture Show featured 16 diverse groups and their unique messages.

American dance group Baila!, the Filipino Student Association and the bhangra dance team Bhangra.

Graduate student Avani Duggarju gave the only solo performance of the night in the form of a graceful Indian dance.

Another dance group

featured at Culture Show was the breakdancing group Bboys, who performed an impressive dance medley. Freshman Tommy Liang just recently joined Bboys and has enjoyed the experience so far.

"It was a very eye-opening experience," Liang said. "I liked it because anything can be considered culture. We actually call ourselves Bboys, and it's a culture in itself. We talk about graffiti art, street art, and it's much more than just breakdance."

The show was closed out by the Yong Han Lion Dance Troupe who gave a performance that was at once sweet and thrilling. Freshman Celine Arpornsuksant, who played symbols for the Lion Dance, was eager to perform with

SEE CULTURE, PAGE B4

## Ellie Goulding revisits folk roots in *Delirium*

By **AMANDA AUBLE**  
Arts & Entertainment Editor

British electro-pop singer Ellie Goulding softens her signature EDM sound and embraces her folk roots in the well-balanced *Delirium*, her third studio album.

Released on Nov. 6, this latest, lengthy record feels natural for Goulding. Her ethereal, soprano voice floats over 16 undeniably dance-worthy tracks. However, it also shows the artist expanding within her pop niche, allowing authentic instruments to meld with her electronic elements.

According to her biography on Billboard.com, Goulding developed a love of folk music as a teenager but soon discovered electronic music while attending college in the United Kingdom. Following her chart-topping albums *Lights* (2011) and *Halcyon* (2012), Goulding has teamed up with some of pop's biggest producers including Max Martin, who's still riding

high from his success co-writing and producing the three smash singles of Taylor Swift's 1989.

Mixing these two genres into a single pop-production, *Delirium*'s introductory track opens with a high-pitched vocal reverberation that crescendos into a symphony of violins and airy voices, reminiscent of ancient spiritual chants. Despite this haunting effect, the next track, "Aftertaste," refurbishes these initial melancholy chants into upbeat backup vocals.

Besides some manufactured percussion sounds, "Aftertaste" has punchy lyrics and a funky bassline that demonstrate that Goulding doesn't need heavy EDM elements to create a catchy pop track.

Arguably the album's most danceable song, "We Can't Move to This," proves this further. The track includes soulful brass instruments that create an African-sounding beat, and Goulding

SEE GOULDING, PAGE B5



COURTESY OF CINDY JIANG

JHU Latin dance group Baila! showcased their skills in the midst of this year's Culture Show.



## Culture show highlights timely political issues

CULTURE, FROM B3

other Hopkins performers. “It was really cool that we were able to watch all the other great groups before we had to go on,” Celine said.

Meanwhile, many audience members were equally excited to experience and appreciate the unique cultural performances of the night. Freshman Jennifer Baron commented that the show proved that although Hopkins students can often be preoccupied with work, they are concerned with more than just studying.

“I thought it was nice to see how involved different students were in our community, and the huge turnout shows that there really is great school spirit,” Baron said.

Another freshman student, Alyssa Chalmin, who attended Culture Show for the first time, reflected on the diversity of the various student groups.

“I thought that the variety of groups and talents was really cool. Hopkins is diverse, and it was nice to see that reflected tonight in the variety of performances,” Chalmin said.

Freshman Vidur Kailash echoed Chalmin’s words on the variety of performances at Culture Show.

“It’s really diverse. These groups are really pertinent to people’s lives, and you can choose to be a part of it or not. Hopkins is a very accepting place,” Kailash said.

While Culture Show emphasized the diversity found at Hopkins, it also stressed the importance of embracing the diversity of the Baltimore community and recognizing the political issues at stake within the area and the wider world.

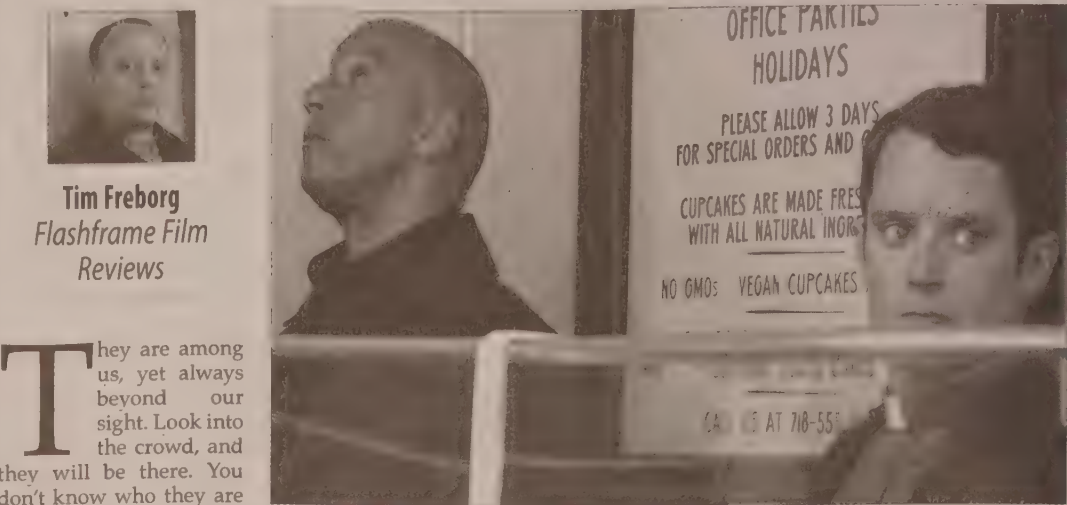
At one point in the night, Tawanda Jones, whose brother Tyrone West was murdered by a police officer in 2013, spoke about her organization West Wednesday. Every Wednesday, the West family leads a demonstration in Baltimore to seek justice for police violence.

Jones’ words helped to shape a central purpose for this year’s show by allowing students to reflect on their own contributions to the Baltimore community and the significance of political activism.



COURTESY OF CINDY JIANG  
Along with dance groups, Culture Show showcased political issues.

## The Last Witch Hunter drags with boring plot



DARKSARCASM VIA FANPOP  
Despite a star-studded cast, *The Last Witch Hunter* fails to add emotional power to its simplistic plot.

They are among us, yet always beyond our sight. Look into the crowd, and they will be there. You don’t know who they are and probably never will. This is because there are heroes in the shadows who will keep these monsters in line.

What are these monsters? That depends on who you ask. For *Men in Black* they were aliens. In *Underworld* they were vampires and werewolves. In *Van Helsing*, they were everything you could possibly imagine and more. For *The Last Witch Hunter* they are, as the title suggests, witches. Unfortunately this is one group of monsters that should have been kept hidden in the darkness.

*The Last Witch Hunter* is a fantasy-action film directed by Breck Eisner (*Thoughtcrimes*, *The Crazies*), and starring notable action star Vin Diesel of *Fast and the Furious* and *Chronicles of Riddick* fame. Also starring seasoned performers such as Elijah Wood (*Lord of the Rings* trilogy) and Michael Caine, the film certainly isn’t lacking in powerhouse casting.

With such a fun concept like underground, supernatural faction warfare and a seasoned action star as its protagonist, the film really ought to have been a surefire success. Despite these advantages, however, *The Last Witch Hunter* struggles to attain even mediocrity as it drowns audiences with tired, overused conventions and unsatisfying delivery.

The film tells the story of an immortal Witch Hunter named Kaulder, played by Diesel, who works with a secret underground organization whose duty is to prevent supernaturally-gifted witches from using their powers to wreak havoc in ordinary human society. Kaulder faces his own struggle with his inability to die after suffering a curse back in the Middle Ages.

He is followed by a chronicler known as a “Dolan,” who keeps records of the Witch Hunter’s exploits. After his current Dolan (Michael Caine) is killed by a witch on the eve of his retirement, Kaulder sets off with his new Dolan (Elijah Wood) to track down the killer of his longtime friend, embarking on a journey that will pull him deep down the rabbit hole of his blood-stained past.

The film suffers from a myriad of problems, many of which become apparent on the first few minutes. Every element of the film’s story, from its clichéd beginnings to its predictable conclusions, could be deduced by anyone who has seen a poster for an action movie before. The story takes absolutely no risks throughout the film’s runtime, raising the stakes only in the most predictable of ways and at the most expected moments.

The few times the plot attempts to produce a twist, the moment falls flat either because it is completely unsurprising or because it is of absolutely no significance. The villains are evil only for evil’s sake and the characters have little depth or characterization other than one or two clichéd character tropes.

Admittedly, poor storytelling is almost to be expected in a movie like this. Even among the films listed in this review’s introduction, few, if any, would ever be regarded for their elegant storytelling. That being said, for films of this nature to carry themselves they must compensate for their simplistic stories in other capacities.

The raw emotion of the film has to overshadow the lack of narrative depth, the characters must be unique and charismatic enough to mask their lack of dimension and the action itself has to be exhilarating enough to distract from the fact that, from a story perspective, very little is actually happening. Even if the film itself is simple, subtle complexities and raw emotional power have to arise from it in some capacity. *The Last Witch Hunter* has none of these virtues.

Rather than building anything interesting or engaging around its simplistic skeleton, the film relies on its concept alone to make itself seem appealing. Vin Diesel, while certainly not the most charismatic of performers, gives a showing that can only be described as utterly boring.

Rather than making Kaulder a cool character, or giving Vin Diesel cool things to do, the film gives the impression that the audience is supposed to accept that he is cool because he’s a witch hunter and witch hunters are cool, which simply is not enough. The action scenes, consequently, carry very little poignancy to them because, flashy as they can be, there is simply no reason to care about anything that is happening on screen.

The end result is a cold, lifeless film, that feels like it was based on some pre-existing action movie formula, rather than on any true heart.

*The Last Witch Hunter* is, at the end of the day, just as heartless as the antagonistic Witch Queen herself, and much less pleasant.

Despite holding all sorts of promise and having a premise that ought to have been enough to create a film that was at least mildly enjoyable, the film was unable to carry itself beyond the conceptual level, resulting in a product with so little depth that squeezing any enjoyment out of it is akin to squeezing water from a stone. Unless an audience is utterly desperate for an action fix, I cannot grant this film any sort of recommendation.

THE LAST WITCH HUNTER

**Starring:** Vin Diesel, Rose Leslie, Elijah Wood  
**Director:** Breck Eisner  
**Run Time:** 106 min  
**Rating:** PG-13  
**Now Playing:** Cinemark Towson, Eastpoint 10, Cinemas, AMC Lowes White Marsh 16

## Delirium feels held back by filler pop songs

GOULDING, FROM B3

keeps the energy high throughout with her catchy, sharp lyrics.

Goulding also lets her origins as a folk singer and songwriter shine through with slower songs like “Devotion” and “Lost and Found.” The latter track starts with a laid-back guitar riff and contains lyrics laden with imagery. Goulding’s longing and legato vocals complement a rhythm that sounds like a futuristic version of Fleetwood Mac’s “Gypsy.”

“On My Mind,” another strong example of Goulding’s incorporation of rhythm guitar, includes a riff reminiscent of that from the Police. This song presents a defiant, yet confused tone with its staccato chorus, but still maintains a danceable beat.

In fact, edginess and angry expression is where Goulding really excels on this album with songs such as “Holding on For Life,” “Don’t Need Nobody” and “Codes.” With a hearty piano sound and clapping beat, “Holding on For Life” maintains a rushing pace that feels like Goulding is releasing an excess of emotion. Adding to these earnest expressions, “Codes” presents Gould-



THOMAS HAWK/CC-BY-NC-2.0  
British electro-pop singer Ellie Goulding’s latest release, *Delirium*, displays noticeable growth.

ing’s rap-like vocals as she fights to simplify a romantic affair.

“Tell me black and white why you’re here tonight,” Goulding sings.

Recorded for the *Fifty Shades of Gray* soundtrack, “Love Me Like You Do” serves as the peak of Goulding’s emotive power. Co-written by Martin and Swedish pop star Tove Lo, the song starts slow and takes listeners along, easily and calmly at first. Yet Goulding’s call of “What are you waiting for?” opens explosion of vocal emotion.

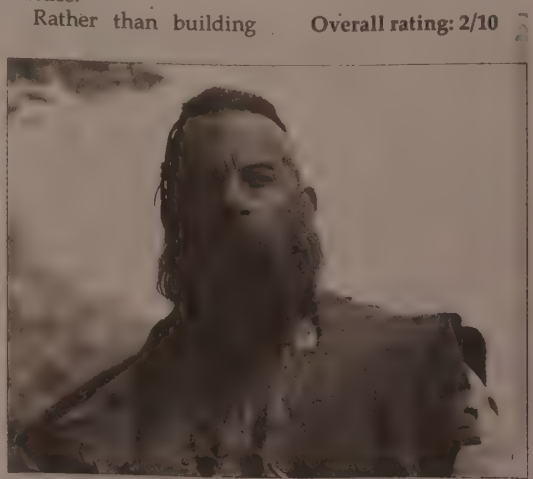
Although the increased focus on folk elements presents a refreshing sense of growth, the songs on *Delirium* that still contain Goulding’s previous heavy EDM influence don’t necessarily fail. Considering the album’s pop focus, these songs still demonstrate Gould-

ing’s ability to create smash party tracks.

“Around U” is a playful track with Goulding’s airy voice, light synths and lyrics that express a desire to simplify a complicated love. In true EDM fashion, this song reconstructs the beat in unexpected places. “Don’t Panic” also features an EDM focus with heavy synths. The lyrics — a repetitious “Don’t Panic” — act like an internal voice during a drunken night out, comforting and still encouraging you to dance.

Where Goulding loses ground, however, is in her handful of songs that fail to mix or even separately highlight her EDM and folk sound. Tracks like “Something in the Way You Move,” “Keep On Dancin’” and “Scream it Out” feel like typical pop songs. Although catchy and potential chart toppers, these songs act like place fillers. They extend the album to a grudgingly long length and water down its more unique elements.

Overall Goulding’s latest album shows considerable, deliberate musical experimentation but could have benefitted from cutting the excess of typical pop formations. Goulding will start a 2016 North American concert tour on April 1 in Vancouver, British Columbia.



DARKSARCASM VIA FANPOP  
In his latest role, Vin Diesel plays the immortal Witch Hunter, Kaulder.



# DarkMatter Poetry exposes injustice with language



COURTESY OF SARAH SCHREIB  
The DarkMatter poets spoke about a variety of social justice issues.

**DARKMATTER, FROM B3**  
“the sisterhood of the traveling imperialism”) who focus on marriage equality and overlook the oppression faced by racial minorities.  
“There is a difference between being insecure and being incarcerated / Between being lonely and being placed in solitary confinement / You call it a ‘rainbow’; we call it a ‘racial wealth divide,’” they said.  
In “When Brown Looks in the Mirror and Comes Out White,” Vaid-Menon speaks on the use of the English language, which he sees as a tool for both furthering and masking colonialist agendas.  
“You see english is for hurting. / english has no words to discuss / itself because then maybe it would have to stop speaking. / in the meantime we will use / ‘colonialism’ instead of ‘gay’ / and maybe things will start making / sense again,” Vaid-Menon said.  
One of night’s most stirring poems was “Funeral”, an eerie, disheartening account told by Vaid-Menon about a group of people, sitting in a subway car, who are forced to publicly mourn the death of a man who has just jumped in front of the train. Spoken in a pace that slowly escalated with the complexity of the narrative, the poem acknowledged the deep introspection that tragedy can bring.  
“This is a first time in a long time we’ve been forced to feel like something greater than ourselves in a city where sometimes it takes an accident to remember what the purpose of a body was

anyways,” they said.  
Vaid-Menon’s poem also touched on conditions in the United States that create feelings of isolation and apathy.  
“To live in America is to live in a constant state of illusion / Is to be thirty people underground on a train unable to hold one another and weep / Is to sit there in silence until we can just keep moving and forget how much death is required in the soil to birth such beautiful denial,” they said.  
While “Funeral” was one of Vaid-Menon’s more personal, emotionally-moving performances, “Jealousy” was a moment of intense emotional vulnerability for Balasubramanian, who performed it with a particular stillness and simplicity. “Jealousy” elaborated on the meaning of love and the difficulties that come with loving another person whether it is a parent, a lover or a friend.  
“Some love stories don’t end like anyone is right or wrong / People can just walk away from each other on their now broken feet / It’s hard loving someone who doesn’t want to hold all of your body [...] love is excessive to the point of survival,” they said.  
The poem that received the most laughter from the audience was “White Fetish,” a satire of white liberal culture that often felt more occupied with fair-trade coffee and yoga mats than progressive politics.  
“I want you to pick me up on the way back from your unpaid internship / I want to jam in your Prius and listen to your hip-hop,” they said.

Another more light-hearted moment was in a satirical “open letter” from two South Asian characters in the *Harry Potter* series, Padma and Pavarti Patil. From the perspective of the characters years after their graduation from The Hogwarts School of Witchcraft and Wizardry, the poem uses a variety of references to the series to touch on topics like cultural appropriation, “white savior” colonialism and the exclusion of minorities from mainstream culture.  
“It’s funny that ya’ll made this whole school to teach what my grandmother’s been doing for millennia / You call that a truth serum, I call it chai / You can’t ‘expelliarmus’ world history,” Balasubramanian said.  
Other politically charged poems included “The Bible Belt”, a vivid depiction of Vaid-Menon’s painful experience as a transgender youth in his small hometown in Texas and “I Don’t Take Sh\*t from Anyone,” a discussion by Balasubramanian on the donation of digestive microflora from one person to another and the deeply-personal bond this creates.

Another nuance of their identities that DarkMatter explored in their work was their role as South Asian Americans in a country where African Americans are systematically-disadvantaged. In

“Bring in Brown to Keep Black Down,” Vaid-Menon uses an anecdote of performing as Martin Luther King, Jr. in an elementary school fair to discuss relationships between different racial minorities.  
“Hello my name is martin luther king / and i have a dream that one day asian americans / will appropriate our struggle for their own advancement / and blame other people of color for not working as hard,” they said. “Even though my people chose to come here for more power / did not mention the countless bodies we / stepped on when we arrived / just to get close enough to kneel / for a white man.”  
Overall DarkMatter’s dynamic performance encompassed an array of issues, critiquing and re-imaging society while capturing the attention of a highly-engaged audience. Al’dmour, who noticed diversity within the audience itself, remarked on the variety of stories and beliefs presented throughout the night.  
“I think the beauty of the event was that it weaved so many disparate

but related narratives together,” he wrote. “So I would leave it up to the individual to pick the part they identify with the most, yet keep in mind the overarching struggle and interconnectedness of it all.”



COURTESY OF SARAH SUKARDI  
DarkMatter’s #ItGetsBitter set mocked mainstream LGBT activism.

# Atlanta’s Deerhunter mixes weirdness, pop

By **DUBRAY KINNEY**  
For *The News-Letter*

*Fading Frontier*, the seventh studio album released by acclaimed American experimental-rock band Deerhunter, dropped on Oct. 16 and served as a change in pace for a band known to juggle multiple sounds.  
The lead-up to *Fading Frontier* featured much speculation about where the Atlanta band’s sound was headed, especially since their style has changed so much since their 2005 raw, noisy debut LP *Turn It Up F\*\*\*\*t*. This speculation heightened after an unfortunate car accident in which frontman and multi-instrumentalist Bradford Cox was hit by a car and hospitalized.  
“When I got hit by the car, I just felt no interest in anything else... I feel like I have no sexuality left,” Cox said in an interview with Pitchfork.com following the car accident. “I love it. I feel outside of society. But I lost that maniac urge that I used as fuel with [the 2013 album] *Monomania*.”  
*Monomania* smashed the band’s former work with distorted, Lo-Fi tracks that felt more similar to the garage rock of Ty Segall or The Black Lips (who Cox has worked with in the past). That came in the wake of a four-album period which mixed shoegaze and psychedelic pop with 2007’s *Cryptograms*, 2008’s dual-album tandem *Microcastle* and *Weird Era Cont.* and 2010’s more dream-pop *Halcyon Digest*.  
And here we are. After a two-year period of waiting, *Fading Frontier* is an album with an undeniably-positive feeling behind it. The experimental sound and variety are still there but there’s a definite poppiness that feels quite different in comparison to the past works of Deerhunter. This doesn’t work to the album’s detriment but rather gives it a triumphant feeling behind strong, emotional lyrics.  
Take for example the album’s opener, “All the Same,” and its very first verse: “My home, anywhere expect no comforts save for air / Take it anyway I could leave or I could stay / Wouldn’t matter much to me, much to me.”  
The lyrics call back the Pitchfork.com interview and stand as Cox’s state-

ment that he is outside of society. The things that we hold dear, our homes and common comforts, don’t mean anything, and there’s a sense of pride found here, which can be heard in the way these lines are delivered.  
The instrumentation is also on-point throughout the album with Cox, drummer and keyboardist Moses Archuleta, guitarist Lockett Pundt and bassist John McKay showcasing their prowess in their own unique ways. This leads to an atmosphere of the album building towards something or coming to some type of head. The next three songs (“Living My Life”, “Breaker” and “Duplex Planet”) are by no stretch of the imagination bad but they lead up to a peak.  
That peak comes in the fifth track, “Take Care,” which pulls the album’s positive motions into a sprawling centerpiece that opens the door for a strong second half. The dream-pop-esque influences of the band can still be ascertained from the track but once the bridge hits, there’s a call to the epic, moving portions of some of the better dream-pop-lite bands of the past decade (i.e., M83, I Come to Shanghai, Beach House) with a strong guitar solo.  
From here the album’s diversity expands to an even greater extent — from the funky debut single “Snakeskin” to the Lo-Fi-leaning penultimate track “Ad Astra”. If there is one thing that *Fading Frontier* shows, it’s the range that a 10+ year career has rewarded to Deerhunter.  
As the album comes to a close with “Carrión”, Cox sings: “It’s the same big sea / It’s the same to me,” harkening back to the opening track and offering itself as a bookend to the album and perhaps even the interview. It’s a strong statement which defines Deerhunter in their current period.  
Currently on tour in Europe, Deerhunter is scheduled to play 14 dates in the U.S. starting on Dec. 4 in Asheville, N.C. and ending in Athens, Ga. on Jan. 9.  
The band will stop at Washington, D.C.’s 9:30 Club on Dec. 5. The show will also feature Cox’s solo project Atlas Sound. His most recent album, *Parallax*, was released in November, 2011.

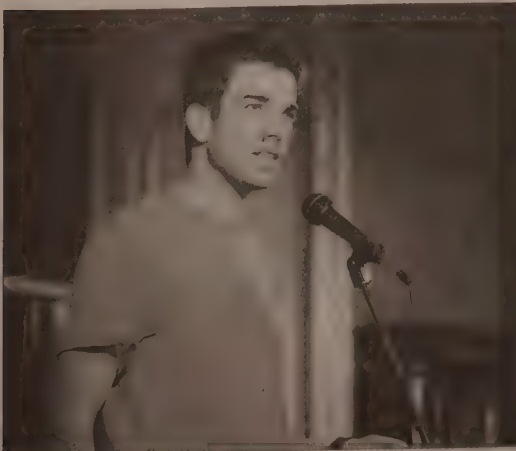
# SNL alum John Mulaney talks family, Bill Clinton

**MULANEY, FROM B3**  
my entire life,” Mulaney said.  
One of Mulaney’s last narratives was about his parents’ college experience: Both went to college with Bill Clinton, but his

mother liked Clinton much more than his father. One night Clinton had even walked Mulaney’s mom back to her dorm from the library.  
When Clinton announced his candidacy, he

held an alumni reception at his alma mater and Mulaney’s parents were invited. Mulaney’s mother took him to the event since his father did not want to go and did not think Clinton would remember them.  
Not only did Clinton remember Mulaney’s mother’s name but he also talked with Mulaney, prompting him to come home and tell his father he would be a democrat.  
Years later, when the Lewinsky scandal broke, Mulaney’s father woke him with the front-page news, only to go into his law office and discover that his law firm was called upon to defend Clinton.  
Mulaney said he became a comedian in part because he felt that no one cared to listen to him growing up.  
“Sometimes people

would say, ‘What do you think you’re doing?’ but that just meant stop. They didn’t actually want to know my thought process,” Mulaney said.  
Mulaney, originally from Chicago, got his big break in 2008 when he was named one of Variety.com’s “10 Comics to Watch.” He wrote for SNL for six seasons, co-creating the infamous Stefon character with actor Bill Hader and occasionally appearing on the recurring “Weekend Update” segment.  
In addition Mulaney released two comedy specials in 2009 and 2012. His second special, “The Comeback Kid,” will be released on Netflix on Nov. 13. Last year he performed stand-up in the now-defunct Fox comedy “Mulaney.”



JESSE CHAN-NORRIS/CC-BY-NC-ND-2.0  
John Mulaney’s second Netflix special will be released on Friday.



IMNOTCMJAMES/CC-BY-SA-4.0  
Deerhunter’s new album, *Fading Frontier*, features experimental pop.



# CARTOONS, ETC.

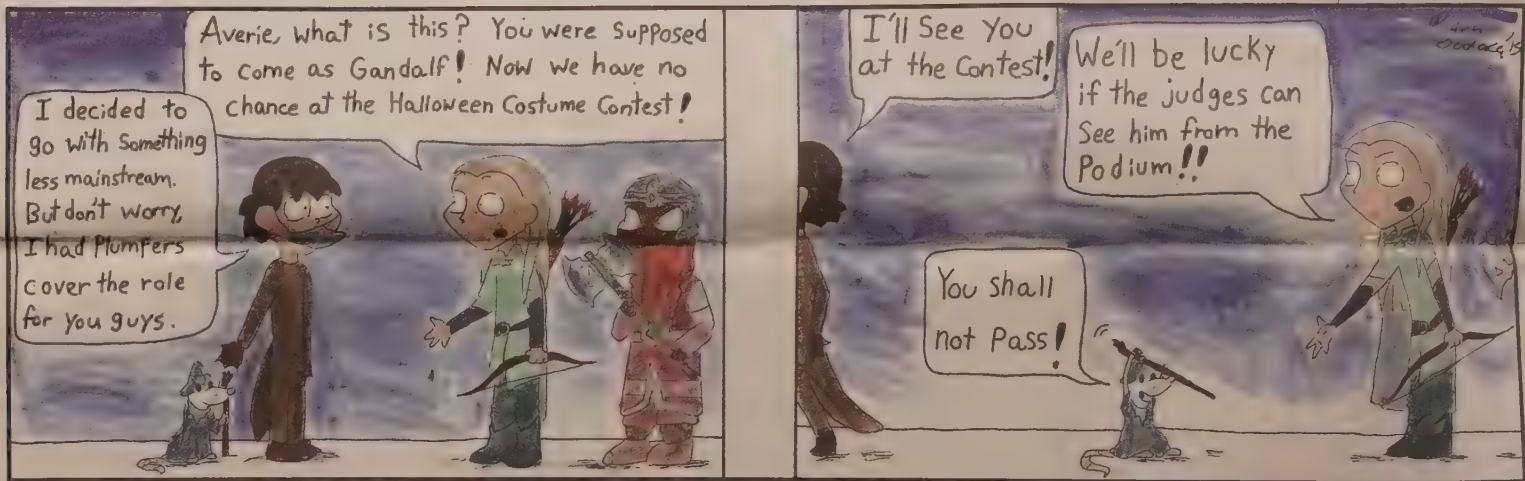
Grave Humor

By Stephanie Herrera



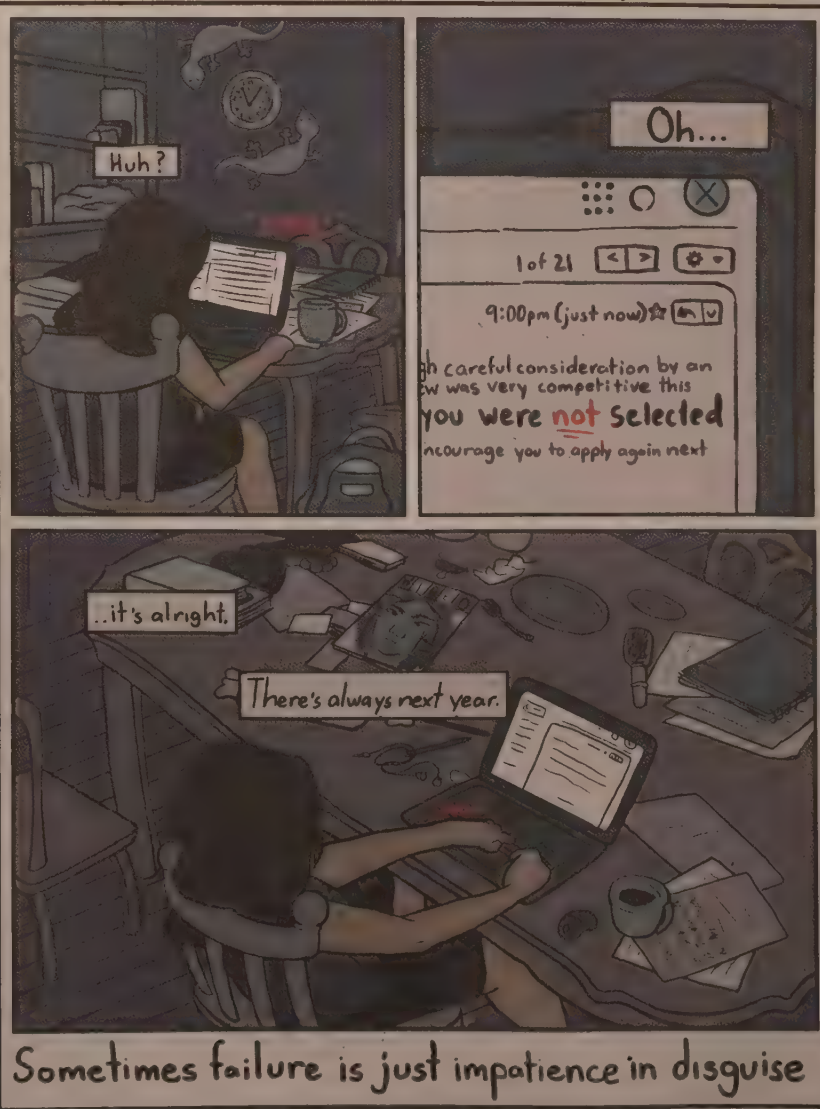
Fault Line

By Ava Oaxaca



Impatience

By Erica Schwarz





# SCIENCE & TECHNOLOGY

## U.S. sees growth in bubonic plague cases

## Colleges face increase in student anxiety

By ELIZABETH LIU  
Senior Staff Writer

Bubonic plague, a disease mostly associated with the 14th century epidemic that ravaged the populations of Europe and Asia, may be on the rise.

Since April of this year there have been at least 11 reported cases of plague, a dramatic increase from the five that were reported last year. The most recently reported case was diagnosed in a teenage girl from Oregon.

State and local health officials in Oregon suspect that the girl was infected when she went on a hunting trip near the city of Heppner with her friends on Oct. 16. She was reported to have fallen ill on Oct. 21 and was hospitalized soon after. Since then there have been no other reported cases.

Bubonic plague, which affects the lymph nodes, is one of the three types of plague caused by the

bacterium *Yersinia pestis*. The other two, septicemic plague and pneumonic plague, infect the blood and lungs, respectively. Plague symptoms generally develop within one to four days after exposure. They include fever, chills, headache, weakness and a bloody or watery cough.

The plague is typically spread by flea bites. The bacterium that causes the disease is carried by warm-blooded animals, such as chipmunks, squirrels and rats. When the animal becomes sick and dies, its fleas can carry the infection to other mammals by biting them. Fortunately, it is extremely unlikely for the plague to be transmitted from person to person.

While all three types of plague — bubonic, septicemic and pneumonic — are relatively rare diseases, bubonic plague is the most common; more than 80 percent of all plague cases reported in the U.S.

SEE *PLAGUE*, PAGE B8



TIM EVANSON/CC-BY-SA-2.0  
There has been a recent upsurge in cases of bubonic plague in the U.S.

By RAYYAN JOKHAI  
For *The News-Letter*

Anxiety has recently surpassed depression as the most common mental health problem among college students. While depression is still on the rise, anxiety levels among college students have skyrocketed. A study conducted by the Center for Collegiate Mental Health and Pennsylvania State University found that over 50 percent of students visiting their campus clinics recognize anxiety as one of their health concerns.

Anxiety is a term that encompasses a range of mental health disorders, including social anxiety disorder and agoraphobia. However, it can be related to other issues, like depression.

According to the American College Health Association, nearly one out of every six students has been diagnosed or treated for issues related to anxiety within the past year. Some commonly mentioned causes of anxiety include schoolwork, money issues and relationship problems. Unfortunately, campus health centers do not have the capacity to treat the number of patients seeking help, a number that seems to grow daily.

For example, the Center for Counseling and Psychological Services at the University of Central Florida (UCF) has seen an increase of 15.2 percent in anxiety-related cases in the last year alone. In fact, the center struggles so much to meet the mental health issues of students that it has begun to turn supply closets into therapist offices.



ANNA GUTERMUTH/CC BY-2.0  
A growing number of college students are experiencing symptoms of anxiety across the country.

The lessening stigma surrounding mental health issues, coupled with the fact that high school pressures have increased, can explain why college students appear to be suffering more from anxiety. Many students arrive on campus having already been exposed to so much stress that the increased stress provided by a college atmosphere is enough to send them in search of help.

Additionally, for most of these students, college is the first time that they are truly alone and away from parental guidance. Without this immediate support structure, many students find it difficult to cope with the sharp up-take in personal responsibility.

With the growing number of anxiety cases reported, many students are feeling as if their needs are not being addressed.

Rather than being treated, many students feel that they are being dismissed because of how common anxiety has become at the college level.

Low to mild levels of anxiety can be combated early with intervention and treatment. However, many of these cases are being left untreated for several weeks because students with more urgent needs are being prioritized. While this solves one problem, it creates another since these lower-level issues are being left alone long enough that they may develop into greater issues.

Many college counseling centers have designed daily workshops and formed therapy groups that treat anxiety and depression and discuss their potential causes. Also, therapists have become more equipped to deal with a greater variety of anxiety triggers.

Campus counseling

centers tend to be primarily concerned with helping students complete their education. A high rate of students are not graduating — federal statistic shows that only 59 percent of students who began four year colleges in 2006 graduated within six years.

Campus counseling centers are struggling to cope with the enormous amount of students with anxiety issues, most of whom identify academic stress as their main pressure. Newer, unique methods are being employed to alleviate anxiety during high-pressure times at college, like finals week. UCF is bringing in therapy dogs to spend time with students and reduce their stress levels.

As more students find themselves anxiety-stricken, colleges are going to have to adapt, as UCF did, to the ever-growing number of mental health patients.

## Hewlett-Packard divides into two companies

By PAIGE FRANK  
For *The News-Letter*

Hewlett-Packard (HP), the personal computer and software company that began in a garage 75 years ago and has since grown into a monstrous corporate entity, is officially closing its doors, leaving behind two new companies.

This change is a necessary one, according to Meg Whitman, HP's chief executive. In the past years, HP had been struggling. Computers, one of its primary products, are

now facing competition from tablets and mobile phones. The software world is also evolving as new forms of data storage, like cloud storage, are popping up. HP has been torn between focusing on preserving its historical place in the computer market while simultaneously keeping up with the evolving data market of the future.

This has prompted the company to split into two parts, which will be named HP Inc. and Hewlett Packard Enterprise (HPE).

HP Inc. will take over the portion of HP that distributed personal computers and printers, and HPE will be in charge of selling large computer servers, data storage, networking and other software and consulting services that most modern companies require.

The goal of the split is to use this specialization in order to increase the chance that each company is successful in its respective area of focus. Rather than trying to compete in the personal computer market and

the large data storage and networking market simultaneously, the separate companies hope to have a superior edge by focusing on only one market each.

"We're leaving behind a company that was very large, running two businesses that were very different," Whitman said to *The New York Times*.

That is not to say that abandoning the old Hewlett Packard entails shrinking its size. Each of the new companies is predicted to fall within America's largest 500 companies and to take in annual revenues of about \$50 billion.

"We're creating two new big companies, not bite-sized morsels, with real capabilities to change things," Whitman said to *The New York Times*.

The HP that began in 1939 may be dead; However, its legacy is far from over. Should anyone ever need a reminder, the offices of William Hewlett and David Packard will still be preserved as they have been since the two left the company 20 years ago. They will be kept open to employees of both HP Inc. and HPE with the aim of serving as a physical reminder of the Hewlett-Packard of the past.

## Prolonged insomnia can worsen moods

By MANISH PARANJPE  
For *The News-Letter*

Sophomore Pedro Gomez knows that feeling of not being able to sleep at 2 a.m.

"I toss and turn but no avail," he said. "Another sleepless night. Another grumpy morning."

According to the Centers for Disease Control (CDC), he's not alone: An estimated 50 to 70 million Americans can't sleep at night. The CDC has even labeled insomnia as a public health epidemic.

Insomnia can present itself as either a reduced total amount of sleep or simply interrupted sleep. It has been implicated in a host of adverse health conditions including hypertension, depression, obesity and even cancer.

Yet despite years of research, sleep remains a medical mystery, according to Johns Hopkins sleep scientist Jeff Ellenbogen. A new study from researchers at Johns Hopkins found that getting an interrupted night of sleep may be worse for mood than simply going to bed later.

For their study, published in the November issue of *Sleep*, Patrick Finan, an assistant professor of psychiatry and behavioral sciences, and his colleagues analyzed the moods of 62 male and female participants over three consecutive nights. Twenty-one of the participants were subjected to "forced nocturnal awakenings" to simulate an interrupted night of sleep.

Seventeen of the participants, referred to as the "reduced sleep opportunity" cohort, slept for 3.5 continuous hours per night. In order to control for any confounding variables, the researchers ensured that the forced awakening cohort also received 3.5 hours of sleep per night. The rest of the participants were used as a control, receiving an undisturbed eight hours of sleep per night.

After a period of three days, the researchers observed a worsening in the subjects' moods. The sleep-deprived participants had

SEE *SLEEP*, PAGE B8



CINERAMA14/CC-BY-SA-4.0  
This large software company split into two firms, each of which will specialize in a different area.



## SCIENCE &amp; TECHNOLOGY

# Quality of sleep may outweigh quantity



Duy Phan  
The Brain Wave

There is no doubt that sleep is critical for physical and mental wellbeing. We are often told that we need at least seven hours of sleep every night in order to be healthy.

This seven hour rule appears to be true in most cases. However, I cannot help but wonder why I feel much more rested when I sleep for eight hours than sometimes when I sleep only for five hours. Clearly the numbers alone do not tell the whole story about the importance of sleep to our health.

Recently some scientists and other public figures have espoused the notion that modern generations are not sleeping as much

as we used to due to the ubiquity of conveniences such as artificial light and light-emitting electronic devices today. In fact, some studies show that light exposure from nightly iPad usage disrupts sleep. Many more show the detrimental impact of sleep deprivation on human cognitive ability and mood. As a result it is believed that overexposure to light results in lack of sleep and can contribute to the recent rise in neurological and mental health disorders such as Alzheimer's disease and depression.

Contrary to this belief that disruptive light causes us to sleep less, a new study published in *Current Biology* argues that individuals in hunter-gatherer societies may sleep even less than we do. Scientists analyzed the habits of modern foragers in societies in Tanzania, Namibia and Bolivia. Results showed that these individuals sleep for an average of six and a half hours per night. This is easily

comparable to the average seven hours of sleep people in industrialized societies receive. In fact, a significant portion of these hunter-gatherers sleep for less time than this, which indicates that lack of sleep may not be the only explanation for the surge in health problems related to disruptive modern light environments.

For a long time scientists and clinicians have assumed that destructive light schedules such as those from night shift work, jet lag and artificial lighting can cause problems in mood and learning by disrupting circadian rhythms and sleep. However, Hopkins scientists demonstrated that aberrant light itself is sufficient and independent from sleep and circadian rhythms in causing learning impairments and behavior similar to depression in adult mice. As a result, we can conclude that light itself has a major impact on our health.

**The problem may not be that we are not getting enough sleep.**

Return now to the hunter-gatherer study. Why might the hunter-gatherers be healthier despite sleeping less than those living in the modern world? Although some might point to the fact that modern urban generations have grown more sedentary, the study surprisingly found similar levels of daily physical activity in the hunter-gatherers' and individuals living in the modern world's lifestyles.

Thus the most plausible explanation is the difference in exposure to light. While hunter-gatherers are exposed only to the natural light environment, we are continuously exposed to artificial light even after the sun has set. Due to the direct impact that light has on cognition and mood, this overexposure to light may have caused increased depression and learning problems in spite of getting more sleep! In other words the problem may not be that we are not getting enough sleep. The real problem is that we are turning on the light and playing on our iPhones too much at night.

# Study links sleep loss to negative moods

SEE SLEEP, PAGE B8

fewer positive mood symptoms and more negative mood ones. However, Finan and his colleagues also found on average that the participants in the forced awakening cohort had a far less positive mood than the reduced total sleep opportunity group.

In order to better understand their results, Finan used nocturnal polysomnography (also known as a sleep study) to measure specific brain wave patterns as his subjects slept. He and his team found that sleepers under the forced awakening condition had shorter periods of slow-wave sleep than those in the reduced sleep opportunity condition. Dr.

Matthew Walker from the University of California, Berkeley explains in an article published in the *Journal of Clinical Sleep Medicine* that slow-wave sleep may be a crucial period in consolidating new memories.

Medical Director of the Sleep Health Centers at Harvard Medical School, Dr. Lawrence Epstein, is an expert on sleep disorders.

"There seems to be a very strong relationship between sleep and mood... [and] a big relationship between psychiatric and psychological problems and sleep. So people who are depressed or have anxiety often have trouble with sleep as part of those disorders," said Epstein in



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A recent study found a link between sleep loss and mood disorders.

an interview published by the Harvard Division of Sleep Medicine.

Finan's results may help connect mood disorders with a lack of proper sleep.

"The current findings... [describe] a putative pathway from insomnia to depression in individuals without preexisting mood disturbances," Finan wrote in his study.

# Variability in sleep patterns linked to weight gain

By REGINA PALATINI  
Senior Staff Writer

The next time you pull an all-nighter to prepare for a test you may unknowingly be setting yourself up to gain weight. A new study suggests that the "freshman 15," those extra pounds that many students gain during freshman year, may be caused by the erratic sleep patterns experienced during a student's first year at college.

Sleep is one of the least understood events that we experience in our daily lives. However, its importance becomes clear when we lose it. The way it affects our mood is easy to describe, but the medical mechanisms of sleep are not well understood. Scientists have begun to shed light on the vital and sometimes elusive phenomenon of sleep with the advent of imaging methods and technology such as positron emission tomography (PET) and functional Magnetic Resonance Imaging (fMRI).

As many attempt to cram in as many activities as possible into one 24-hour day, the nation as a whole is sleeping less. College students are notorious for not getting a lot of sleep. According to the University of Georgia (UGA) Health Center they average about six hours per night. The Health Center reports that their research suggests that lack of sleep can affect college students' health, mood, GPA and safety. According to a health survey administered at UGA every two years, one in four students indicate that lack of sleep has impacted their academic performance in a negative way.

So how can poor sleep habits also affect our weight? The answer lies in how our bodies react to sleep variability.

The Sleep for Science Program at Brown University studied 132 freshmen. In nine weeks more than half of the participants had gained about six pounds. The students gaining the weight were the ones who slept less than nine hours and 15 minutes per night, which is the recommended amount for teens. The Brown researchers also discovered a new parameter associated with weight gain — how often a student's bedtime and waking time altered. In other words, this is their sleep variability.

Adult workers typically wake at about the same time at least during the five days of their workweek whereas students generally wake up at irregular times.

As these students' schedules change during the week, their sleeping patterns tended to vary as well. Students would wake early on days they had an early morning class and sleep till later on days when their first class began later. Their evening activities also kept them awake later than usual during some evenings.

Male freshmen suffered from the impact of sleep variability more than females. Their bedtimes and wake times shifted daily by an average of two hours and 37 minutes. According to the Brown study, this shift was similar to adjusting to jet lag every day.

Their metabolic rates also readjusted as their body clocks adjusted every day. Researchers stated in a recent study in the journal *PLOS One* that teens seek more high-calorie candy and desserts when they are sleep deprived.

"Variability is taking the field of sleep research a step further," Dean W. Beebe of Cincinnati Children's Hospital Medical Center said in a press release.

Past researchers tended to measure the amount of time a person slept. Beebe reports that measuring daily sleep variability makes sleep studies more complex but also adds valuable information to them.

So it may be time to change your sleeping habits the next time you notice your favorite jeans fitting tighter than usual.

# 2

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Sleep-related health issues might stem from exposure to artificial light.



## SCIENCE &amp; TECHNOLOGY

# New Horizons shows icy Pluto may have volcanoes

By SARI AMIEL

Science &amp; Technology Editor

As it continues its voyage across the solar system, NASA's New Horizons mission is still revealing new, unexpected facts about the solar system. Newly released photos from the spacecraft show two large mountains that might be volcanoes on the surface of Pluto.

These mountains, which are hundreds of miles wide, have craters at their centers and resemble Earth's shield volcanoes. They are thought to be made from nitrogen ice. Given that the planet's surface is covered in ice, these would be considered "cryovolcanoes," which are volcanoes that emit melted ice rather than burning rocks.

At a news conference located at NASA's Ames Research Center on Nov. 9, scientists explained that they did not previously think Pluto was large enough to contain enough internal heat to power volcanism.

It is still not clear whether the large mountains are indeed volcanoes, but scientists have begun to advance explanations as to

what could power volcanism on Pluto. One theory suggests that Pluto has an ammonia-water slurry mantle, which could cause a rise in hot matter from underneath the planet's surface. Another possibility is that Pluto's core is still cooling from its formation, and heat from this process sometimes rises through volcanoes.

"Nothing like this has ever been seen in the solar system," Oliver White, a postdoctoral researcher working with New Horizons, said at the press conference. "This is the

first time where we see what seem to be tall volcanic edifices."

Titus and Enceladus, both icy moons belonging to Saturn, have also been thought to have some volcanic activity, but this activity was not associated with large mountains.

Some scientists believe that Pluto could have a whole field of cryovolcanoes, but this would not be visible from New Horizons' vantage point.

"We'll have to go back in a hundred years and see," White said at the conference.



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The volcanoes found on Pluto are similar to Earth's shield volcanoes.

## Many U.S. firms sell spyware illegally

By TONY WU

Senior Staff Writer

So far the war in Syria had claimed at least 200,000 lives. Foreign powers have accused the Assad regime of utilizing tactics such as barrel bombing in civilian areas, which are condemned by the U.N. In addition the U.S. recently discovered that the Syrian government is using illegally-obtained American equipment to spy on potential targets.

Two men, Ayman Ammar and Rashid Albuni, were accused of smuggling \$1.8 million worth of software from Blue Coat Systems, based in California, to Syria. The company focused on the development of business assurance technologies, which include programs to block viruses, surveillance and censorship. Ammar and Albuni bought the equipment under addresses in countries, such as Turkey, where U.S. regulations permit the export of surveillance software, and then delivered the software to Syria using other companies.

Technology has been sold in the past to organizations that violate human rights, in countries such as China, Iraq and Burma. A major obstacle in preventing these sales is the dual-use nature of the programs.

The software sold to oppressive regimes is also used by law enforcement organizations throughout the world. Surveillance technology can prevent violence and acts of terrorism, and it can monitor social media and disrupt communication by political dissidents.

To address this issue, in 2013 the Obama administration signed the Wassenaar Arrangement, which restricted the sale of advanced surveillance programs to nations with human rights violations. The arrangement, originally constructed to demand greater transparency for military exports, was modified in December 2013 to include the sale of surveillance software. However some criticize the resulting agreement for being poorly written and for banning products that can protect activist communications from governments.

Many companies have also willingly helped repressive regimes exploit dual-use technologies. Many businesses that specialize in lawful interceptions produce software and hardware that can be used to spy on individuals. This equipment is sold both domestically, to organizations such as the police, and abroad.

With increasing surveillance, activists worry about their rights and their ability to change their governments. An Ethiopian immigrant recently filed a lawsuit in which he claimed that the Ethiopian government gained access into his computer. *The Washington Times* reports that court records show that Ethiopia requested surveillance software from at least two corporations.

## Rise in bubonic plague cases is poorly understood

PLAGUE, FROM B7

between 1900 and 2012 have been bubonic. It is mainly characterized by a high fever, lethargy and swollen lymph nodes near the neck and under the jaw. The swollen lymph nodes could also spontaneously erupt and drain.

Currently there are no vaccines for the plague, but it is treatable with antibiotics if caught early on. With treatment, the mortality rate is about 16 percent.

However, if left untreated, 66 to 93 percent of infections end in death.

Federal health officials have been perplexed by the increase in plague cases this year — on average, there are about seven cases of plague per year, but since April 1, there have been at least 11 reported cases, three of which were fatal, according to the Centers for Disease Control and Prevention (CDC).

These recent cases have

afflicted residents in western and southern states, such as Arizona, California, Colorado, Georgia, New Mexico, Oregon and Utah. Two of these cases have been linked to Yosemite National Park, which has led to the temporary closure of a few campgrounds.

While the rise of bubonic plague cases still remains a mystery, doctors and health officials say that there is no need to panic.

There are a lot of practical, preventative measures that hunters, hikers and campers should take in order to reduce their risk, especially if they are traveling in one of the affected states.

Since the plague is usually spread by rodents and fleas, health authorities recommend wearing long pants, using insect repellent, making sure pets have been receiving regular flea treatments and avoiding sick or dead rodents.

## Facebook charged with collecting excessive data on non-users

By CATIE PAUL

Science &amp; Technology Editor

On Monday, a Belgian court ruled that social media company Facebook

needed to stop collecting data on non-users. Facebook is planning to appeal the ruling and has already taken it to the Belgian Court of Appeal.

Facebook uses code called cookies to collect data. Anytime someone clicks on a Facebook page or even just a page that has a Facebook "like" but-

ton, these cookies record information about the activity on the computer or smartphone that the person is using. Facebook's business model is built on collecting this data, which it uses to tailor ads to individuals.

The case was originally filed by Belgian data protection authorities, who worried about changes in Facebook's terms and conditions. Facebook has updated these terms to allow itself to collect more data on individuals and use it more freely. The court, located in Brussels, ruled that Facebook could no longer collect data on non-users because, without signing up for an account, they had not consented to letting the company gather personal information about them.

Facebook will face a fine of up to \$270,000 a day until it complies with the ruling. Facebook responded to the ruling by stating that it had used cookies to collect data for five years without any complaints.

The European Union (EU) is known for having a more strict view on data protection and privacy than the U.S. Facebook is not the first company to run afoul of the EU when it comes to collecting data on individuals.

The European Court of Justice is taking a stronger stance on how companies like Google and Facebook store data that they have collected on individuals. It recently ruled that they could not transfer the data from Europe to the U.S. These companies had been using a provision known as "safe harbor" in order to store data about European individuals in the U.S.

The court stated, however, that keeping this data in the U.S. might provide American authorities with access to data about individuals from other countries. Referring to the leaks by Edward Snowden, the court

pointed out that American government agencies, such as the National Security Agency (NSA), already have a large amount of access to data stored in the U.S. If data stored in the U.S. was collected by these agencies, this action would infringe upon Europeans' right to privacy.

The court further stated that data protection agencies in each EU country should have the final say in how the data collected in their countries is stored. There are 28 different countries in the EU, each with very different laws on online privacy.

The U.S. had lobbied to keep the safe harbor agreement in place. In a recent statement, Penny Pritzker, the American secretary of commerce, stated that she was extremely disappointed about the decision. She added that she felt that it put the trans-Atlantic digital economy at risk.

The ruling left companies like Google, Facebook and Microsoft facing an uncertain future. They rely on the transfer of data between countries to facilitate online advertising. For now, the companies' servers are running as usual. The movement of data from the EU to the U.S. is currently being protected by other treaties, although this ruling could make it easier to strike other agreements down.

Belgium is not the only country that is critical of Facebook's new policies. Authorities in France, Germany, the Netherlands and Spain are also investigating the social media company's actions. Meanwhile Facebook has stated that it will comply with the Belgian court's ruling by the end of this week.

"We are working to minimize any disruption to people's access to Facebook in Belgium," Sally Aldous, a Facebook spokeswoman, said in a statement.

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## SPORTS

## Fencing starts season with solid performance

By ZACH JAFFE  
Staff Writer

Men's fencing started off the season with a strong showing at the Temple Open. The Jays placed six fencers in the top 20 over the three events (Foil, Epee, Sabre). Leading the way for the Jays was sophomore Ian Maddox, who finished fifth out of 77 in the Foil. Maddox, who was very impressive as a freshman, started off the season strong, with an 11-1 record, only falling in elimination play. Maddox was the second highest Division III finisher in the weapon.

"What's worked [so far] has been focusing on the next match and trying not to dwell on setbacks," Said Maddox.

Also shining for the Jays in the Foil was senior captain Glenn Balbus, who finished with a 9-1 record, falling in the round of 16.

"Keeping my mental intensity high while maintaining clarity and calm is essential [for me]," said Balbus, "[It is] something that I am consistently working on improving."

In the Epee, sophomore Denis Routkevitch shined with a 14th-place finish. He went 8-3 and finished 14th out of a pool of 80 fencers. Sophomores Milan Patel and Max White also had solid performances, finishing 26th and 38th, respectively. Freshman William Snyder, competing in his first collegiate event, finished 44th.

In the Sabre, junior

Daniel Dembner led the Jays with a 22nd-place finish in a field of 55. Freshman Brian Huang finished right behind him in 23rd, followed by junior Patrick Rose in 24th. Sophomore Sandy Vingoe, the team leader in wins from a year ago, finished in 28th place. Sophomore David Austin rounded out the competition with a 30th place finish.

"We started the season well," said captain Glenn Balbus, "[The team] works incredibly hard and has tremendous potential for improvement." He added, "Temple was peculiar for Foil, because in the direct-elimination round, five out of seven of us met before the round of 16."

"So far we've only had individual tournaments," said Maddox, "I think we could benefit from team tournaments, as we function best with each other's support."

The women's team was able to place two in the Top 10 over the three events. Leading the way were junior Nastasia Winey and freshman Celine Shanosky, who finished sixth and seventh, respectively, in the Epee. In a pool of 84 fencers, both Winey and Shanosky fell in the quarterfinals of the elimination bracket.



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The fencing team placed multiple players in the top ten in its season opener.

They finished second and third amongst D-III fencers at the event. Junior Charlotte Green finished in 26th place after being eliminated by her classmate, Winey, in the round of 32.

"The Epee team had a really strong showing," said Shanosky, "JHU was up there with a lot of Division I schools, which is really exciting." She later added, "As an individual, I've been working a lot on my attack. I lost the lead at the beginning [of my quarterfinal match] and struggled to set up a strong attack to get it back."

In the Foil, Freshman Lior Levy led the way with a 23rd-place finish (8-4), followed by classmate Rebecca Rosenthal in 24th (6-5) (out of 82

competitors). Senior captain Rachel Viqueira finished in 27th, sophomore Elizabeth Konopacki tied for 41st, freshman Kiera Wolfe finished in 53rd and sophomore Rachel Bang finished in a tie for 75th.

The women's Sabre team had an impressive showing as well, placing three in the top-30 out of 75. Freshman Shiaomeng Tse led the Jays with a 24th-place finish, while freshman Maggie Vitale and senior captain Isabella So finished tied for 29th. Also competing in her first event was sophomore Stef Hernandez, who finished in a tie for 73rd.

Both teams return to action on Nov. 21 at the Elite Invitational in Philadelphia.

## Men's Soccer drops last game to Fords

M. SOCCER, FROM B12 remaining, freshman Brady Seitz sent a well-placed pass to sophomore Ben Field, who finished with a low shot to the far post.

The second half opened at 3-1, and so it stayed until the 68th minute of play where the Fords put away its final goal of the game with junior Tejan Walcott assisted by senior Colin Seitz. The Jays offense continued applying consistent pressure even to tallying more shots and corner kicks than their opponent did that afternoon, but they could not overcome the three score deficit. In order to stifle the attack, opposing goalie Sam Miller had a terrific game totaling seven saves including five in the second half with counterpart Hopkins junior goalie Bryan See finishing with four.

"Both teams created chances; They were just able to put theirs away," said Osio.

After their victory against Hopkins, Haverford took on and defeated the Dickinson College Red Devils for the Centennial conference championship. They then earned the top ranking and three byes in the National Collegiate Athletic Association (NCAA) D-III

Championship and will take on the winner of the game between the Methodist University Monarchs and the Washington and Lee University Generals.

Seven seniors will graduate while maintaining their starting goalkeeper as well as current junior Samy Ramadane, the team leader in points and shots, and freshmen midfielder Cole Rosenberger, one of three players to start all 19 games.

"It's going to be... different when our current seniors aren't there next season," said Osio. "I learned a lot from them, and I'm going to really miss playing with them."

"Although our season was cut shorter than we had hoped, some of our last games were the best games I've seen in my four years playing here" said DeStefano. "We really came together and played some great soccer at the end of the season, and I know the younger guys are ready to keep that momentum into next year."

"I'm proud of our team's commitment to tactical development," said Ramadane, adding that this development is "a quality that is key to success and that [the team] will continue to build on in the future."



It might seem pedestrian, but play it safe.

BE A  ROAD SCHOLAR



SPORTS

# Water Polo falls to Tigers in finals

By LIAM TRESNAN  
For The News-Letter

On Nov. 8, the Hopkins water polo team travelled to Lewisburg, Pa. where they suffered a loss in the final of the Collegiate Water Polo Association (CWPA) Southern Championship to Princeton University, a team ranked 11th in the nation.

The Jays, now 19-9, will travel to Cambridge, Mass. on Nov. 20 to compete in the CWPA Championship.

The Jays fought their way to the final after beating both Mercyhurst University and also Salem International University. In the semifinals they beat the No. 2 seed Bucknell University.

"We won a really tough game against Bucknell; 8-4," freshman Andreas Katsis said. "They were the second seed and ranked 15th nationally. We ran a drop against their two good centers and then countered off of it. John Wilson had an amazing game in goal, making around 13 saves."

The Blue Jays were the third seed in the tournament and faced the No. 1 seed Princeton in the final. This was only the second time in the program's history that the Hopkins water polo team reached the Southern Championship final.

The now 19-9 Blue Jays lost 16-12, allowing Princeton Tigers to claim its ninth Southern Championship.

The Tigers started out with a 2-0 lead half way through the first quarter until Hopkins responded with three goals in just 70 seconds to give them a 3-2 lead with 26 seconds left in the quarter.

Freshman Josh Kurtz led the run with 1:40 left to go in the quarter, followed by senior captain Langdon Froomer and junior Matt Fraser scoring two impressive goals back-to-back, the last of

which leveled the game with just eight seconds left on the clock for that quarter.

In the second quarter, Froomer scored twice on either side of Princeton's goal. This made the score 5-4 before Princeton manage to go on a five-goal streak, leaving the game at 9-5 with two minutes in the half. Fraser scored once before the end of the half to get the Blue Jays within three points.

Both teams scored to start off the third quarter and then Hopkins pulled it back to 11-10. Fraser scored one and senior Blake Range had two goals. Princeton ended the quarter with two more goals.

Froomer continued his excellent outing by starting the fourth quarter with a goal, but Princeton kept coming, scoring twice.

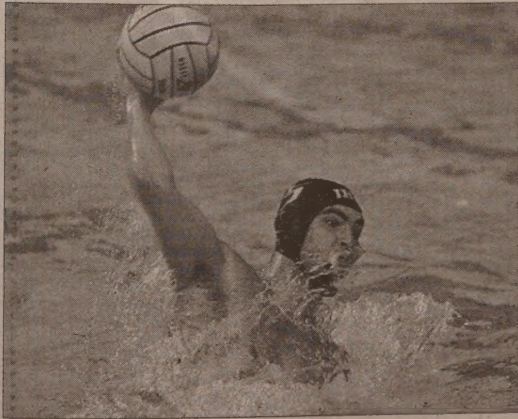
The score now at 15-11 with five minutes to go, Fraser scored to make it a three goal game, but Princeton scored again to give us the final score of 16-12.

Froomer finished the game with seven points (five goals, two assists). Fraser scored four goals, and he and fellow junior Bret Pinsker drew three ejections each. Senior Erik Henrikson had six saves, and sophomore John Wilson had three with an assist.

The Jays are optimistic about competing in the CWPA Championship.

"We were up on Princeton for parts of the game, which just gives us so much confidence going into Eastern Championships in two weeks," freshman Andreas Katsis said.

The Jays will take on some of their toughest competition yet in the Eastern Championships, but their victories this year at the expense of some of the top programs in the country provide reason to believe that they will compete strongly.



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Junior Matt Fraser scored four goals for the Jays in a losing effort.

BLUE JAY SPORTS SCOREBOARD			
Water Polo	Football	Women's Volleyball	Women's Soccer
Nov. 6, 2015	Nov. 7, 2015	Nov. 7, 2015	Nov. 7, 2015
vs. Mercyhurst	vs. F&M	vs. McDaniel	@ McDaniel
W, 13-6	W, 45-24	L, 3-2	W, 1-0
Wrestling	Water Polo	Men's Soccer	Women's Soccer
Nov. 7, 2015	Nov. 7, 2015	Nov. 4, 2015	Nov. 8, 2015
@ Messiah Invitational	vs. Bucknell	vs. Swarthmore	@ Swarthmore
8th/9 (27.5 points)	W, 8-4	W, 5-0	W, 2-1 (2OT)

## Steady excellence earns W. Soccer CC title

W SOCCER, FROM B12  
goal that won Hopkins the Centennial Conference Championship and guaranteed the Blue Jays a spot in the NCAA's tournament.

Freshman Kristen Hori, who has had an outstanding first season with the Blue Jays commented on the intensity of the final game against Swarthmore.

"Our Centennial Championship game was pretty intense going into double over time, but our team really came through," Hori said. "Even when we were down a goal, everyone continued to work hard and play our game. I feel lucky to have teammates

who play for one another and never back down."

Junior Vania Ludman, who has also had an amazing season, commented on the nervousness the team felt before going into the tournament.

"We went into this weekend knowing nothing was guaran-

teed for the NCAA tour-

namment," Ludman said. "McDaniel and Swarthmore are two very good teams that always come out strong. The game against McDaniel wasn't the prettiest of games, but our hard work allowed us to come out with the win. The game

against Swarthmore was a battle. They beat us at home last time we played them so we came out strong and with a lot of energy. We played great soccer and outplayed them throughout the game. Their fans definitely made it hard to concentrate, but our team left it all on the field. I think a combination of our skill, heart, and desire to win led us to achieve one of our goals for this season, which was to win the conference championship."

On Saturday the Blue Jays will take on Bowdoin College in the first round of the NCAA tournament in Hoboken, N.J.



HOPKINSSPORTS.COM  
The women's soccer captains celebrate their conference title.

## Wrestling team places eighth at invitational

WRESTLING, FROM B12  
and overall better than the average opponent that I faced in high school. In fact, the bracket I was in seemed to have more depth than my state tournaments. It was especially eye-opening hearing from my coach that a two-time national finalist who was ranked first in my weight class was in my bracket. Watching him wrestle was awesome. To be honest, my goal for the day was just to win a match. I had no expectations of placing."

In addition, Tran described the rigors of practice at the collegiate level this past fall and how they differed profoundly from anything he experienced in high school.

"I came from a team that started a varsity

program my sophomore year so my practices were not the toughest," Tran said. "College practices are tougher and more focused on drilling techniques and live wrestling as opposed to instruction than high school."

However, the unity of the team and its dedicated and passionate coaching staff are ultimately reasons why we can expect the wrestlers to have a solid season. Much of team success is predicated on chemistry and buying into a system, and Head Coach Keith Norris and his staff have instilled this belief within the squad.

Tran spoke passionately about how much he has enjoyed bonding with his incredibly focused and determined teammates and heaped praise upon a coaching staff that often will go the extra mile to ensure the success and happiness of its athletes.

"The thing that I have enjoyed the most about being a Hopkins wrestler are my teammates and my coach," Tran said. "It's pretty great having teammates that are all so focused on wrestling and their academics. I also love having a great coach that puts so much time and

effort into the team, buying food and drinks for the whole team the day before and ordering us matching shoes for our matches."

The team hopes to build off of the performances of some of their youngest contributors to hopefully propel themselves to a solid winter campaign.

Hopkins will return to the mats on Nov. 14 as they head to Centennial Conference foe Ursinus College for their annual Fall Brawl. These early conference match-ups will be instrumental to forming the identity of this squad.

## Defense key to Football victory

FOOTBALL, FROM B12  
forced a fumble and put up two interceptions, including a 23-yard pick-six from junior Dan Johnson.

They also held Franklin and Marshall to only 310 total net offensive yards, continuing the level of performance that has brought Hopkins to lead the Conference in fewest points allowed and second-fewest yards allowed.

While it may be tempting to bask in these sorts of accomplishments that is not what the Hopkins team is doing as they examine what they can now do to improve and satisfy their goal of a deep playoff run.

"We're a hungry team right now. The last two years we have fallen short in the playoffs, but we're

excited to back and make a run," Walters said.

One aspect of their game that the Blue Jays hope to improve is carrying momentum over from the first half into later in the game.

"A lot of times this year I felt as though we got complacent at times," Walters said. "We would score four or five TD's in the first half and come out in the second half and only

score one or two. We have to come out with more intensity in the second half of

our games. We've been working on it over the last couple of games and we'll definitely be ready come play-offs," Walters said.

"We've worked hard all season," Walters said. "That's something we pride ourselves on. We'll continue to work hard for the remainder of the season."



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Sebastian Edwards drops back into coverage. F&M managed only 310 yards.

"BALTIMORE'S BEST  
BREAKFAST & BURGER"  
- City Paper -

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# SPORTS

Did You Know?

The Hopkins women's soccer team won the Centennial Conference Championship Game in overtime this past Saturday?

CALENDAR

FRIDAY  
M. Basketball vs. Lynchburg, 7:30 p.m.  
SATURDAY  
Football @ McDaniel, 12 p.m.  
W. Soccer @ Bowdoin College, 7:30 p.m.

## W. Soccer wins in OT in CC Championship

By GAB RUSSO  
For The News-Letter

The Hopkins women's soccer team took on McDaniel College on Saturday and Swarthmore College on Sunday in the final rounds of the Centennial Conference tournament. In order to advance to the NCAA tournament, the Jays needed to win the Centennial Conference Championship.

Coming off of their loss against Gettysburg College last Saturday, the Lady Jays entered the semi-finals of the Centennial Conference to face McDaniel for the second time this season this past Saturday.

The Jays came out strong, looking to dominate early on in the game. The last time these two teams met, Hopkins prevailed in overtime after a tough fight.

The first half remained scoreless; however, both teams took eight shots on goal but were unable to capitalize on any of the opportunities.

In the second half, the Jays were finally on the board when junior Adrienne Johnson scored in the 75th minute to lead the Jays to victory. Hopkins was able to keep the lead and finish the game strong, allowing them to advance to Sunday's final against Swarthmore.

On Sunday, Hopkins faced Swarthmore, the leading team in the rankings. The last time the Jays

took on Swarthmore they were unable to capitalize on opportunities in the box despite their control of the game.

"The last time we played Swarthmore, we were dominating the game until they scored a fluke goal from mid field which caused us to freak out a little," junior Alyssa Morgan said.

The Blue Jays knew how to handle Swarthmore going into the finals.

"So we knew we were good enough to beat them the second time around, we just had to stick to playing our game and stay calm even if they score or something goes wrong," Morgan said.

In the first half, Swarthmore scored in the fifth minute when their freshman forward

Marin McCoy managed to get one passed Hopkins's goalie junior Clara Aranguren.

In the second half, senior Maryalice McKenna tied up the game when she scored a header goal off sophomore Hallie Horvath's cross in the 57th minute. The Jays also

outshot their opponent in this half, 7-3, showing their dominance of the game was still strong. The score remained 1-1 until the end of regulation time, resulting in another overtime battle for the Jays.

The first overtime period remained scoreless, but in 101st minute of the second period, junior Meg Van de Loo scored the

SEE W. SOCCER, PAGE B11



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The Blue Jays won the conference.

## Swimming wins big over Rowan, 150-112



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This past Saturday the Hopkins men's swim team defeated host Rowan University by a score of 150-112. Sophomore Kyle Otazu, pictured above, led Hopkins with two individual wins in both the 200 and 500 meter freestyle with times of 1:42.99 and 4:42.52. The Blue Jays next face Franklin and Marshall College on the road in Lancaster, Pa. to build on this fast start to the season.

### Fencing: Big Start to Season

The Hopkins fencing team started off their season strong scoring multiple players in the top 10 in their respective fields at the Garret Open.

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### Men's Soccer: Season Ending Loss

The Hopkins men's soccer team lost in CC tournament this past weekend ending their season at 11-5-3. Graduating seven seniors, the Jays are looking to the future and rebuilding.

Page B10

### Water Polo: Tough Loss to Tigers

The Hopkins water polo team fought hard in the semi-finals to make it to the championship game where they would drop a tough loss to the Princeton Tigers.

Page B11

## Football remains undefeated at 8-0 in CC

By LUKE BEDNAREK  
For The News-Letter

In their second-to-last regular-season matchup, the Hopkins football team topped out Franklin and Marshall College in a 45-24 victory on Saturday. With this win, the Blue Jays improved to a 8-0 record, leading the conference.

With one conference game remaining, Hopkins has secured at worst a share of a seventh consecutive conference championship, while either a win over McDaniel College next week or a loss by 7-1 Moravian College would put them in sole

possession of the title.

Saturday's victory also secured a fifth-straight NCAA playoff berth for the team, so even with their recent accomplishments, the team will continue looking forward as their season goes on.

"Every year, as a team, we set a goal to win the conference. With that being said, we work hard everyday in practice, weight room or film to achieve that goal," junior Stuart Walters said. "We're all excited to get another conference championship but we know that's not going to

be the highlight of our season. We're looking to go deep in the playoffs."

As the team nears the beginning of postseason play, they reflect on how they've gotten here, and what they need to do to get even further.

"We ran the ball extremely well on Saturday," Walters said. "Our quarterback, Jon Germano, has put up big numbers this year passing the ball, but we know we won't be able to go deep in the playoffs without running the ball well."

Saturday, our offensive line did a great job of opening up big holes for us to run through."

Walters himself helped establish the run game last weekend, leading the team with 149 rushing yards and three touchdowns including a 62-yarder that put Hopkins up 21-10 in the second quarter and broke open the game.

Saturday's game also exhibited impressive defensive play that the team has benefited from all year. The Blue Jay defense

SEE FOOTBALL, PAGE B11

## Wrestling has rough start to their season

By ANDREW JOHNSON  
Staff Writer

The first competition of a new season is always vital since a solid performance can set the tone for a successful season. It is also the first opportunity for the new freshmen to get a taste of athletics at the collegiate level, a moment which is surely nerve wrack-

ing but also incredibly memorable. The Hopkins wrestling team ventured to Grantham, Pa. this past weekend to participate in the Messiah Invitational, where they competed in a tough nine team slate.

The Jays ultimately placed eighth in the competition, finishing with a team total of 27.5 points. The host Messiah College

Falcons claimed top honors in the team competition, winning with 136 points and six champion performers. While the result might have been slightly disappointing to the team, there were numerous positives that the Jays took away from the tournament.

The opening tournament of the season was an opportunity for the freshmen to prove their mettle in a high intensity college atmosphere. While practices and scrimmages are strenuous and testing, it is difficult to really acclimate to the rigors of the sport until truly pushed in a formal setting.

Hopkins was able to secure two top four finishes on the day, as sophomore Tommy Grifa placed third in the 157 weight class in what looks to be a breakout campaign for the second

year performer. Grifa's third place finish was top among the squad, and this youth-laden team will certainly be looking for more standout finishes from him as they continue their season.

The Jays' other top four finisher was freshman Brandon Tran, who captured fourth place at the 125 weight class in his first career tournament with Hopkins. In a field that included the two time national finalist at his weight class and a slew of other experienced opponents, Tran described how his first experience in tournament competition was both overwhelming but also rewarding.

"Wrestling at the collegiate level was definitely a huge change from high school," Tran said. "The opponents that I faced were much faster, stronger,

SEE WRESTLING, ON B11

## Men's soccer finishes season in tough loss

By SHANE COUGHLIN  
Staff Writer

The fourth-seeded Hopkins men's soccer team concluded their season at 11-5-3 after the top ranked Fords of Haverford College took the Centennial Conference semifinal by a score of 4-1.

Haverford extended its winning streak to 13 games while the Jays finish their most successful season since 2010.

"No matter what grade you are in, the end of the season is always full of emotion," senior defender Kenny DeStefano said. "I think our team is leaving this season with our heads held up."

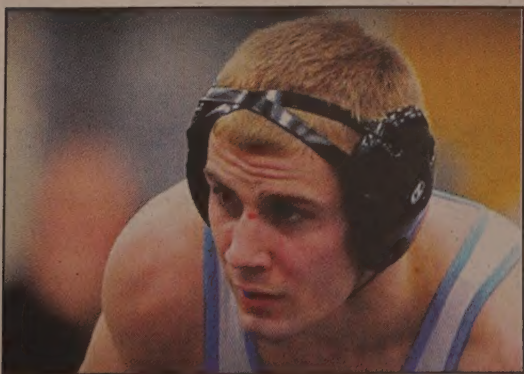
The hosting Fords were able to strike first as junior Sam Yarosh nailed the top right cor-

ner on the edge of the box only seven minutes into the game. Both his goal and the assist from teammate sophomore Will Corkery put them at the top of the Conference as statistical leaders in those respective categories.

As the half progressed Hopkins was able to battle back with junior Victor Osio landing the equalizer in the 38th minute on an unassisted score from about 18 yards out.

With the score tied 1-1 approaching the half, Haverford lashed out with a pair of goals before intermission. Corkery got involved again after the early assist by scoring on a direct kick for the go ahead goal and then with only seconds

SEE M. SOCCER, PAGE B10



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The team started their season with a strong play against the Falcons.